



Empowering Communities to Change their Health Landscape

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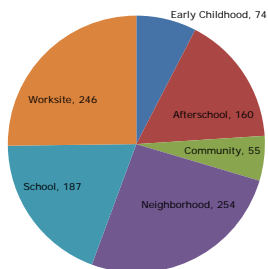
Community Healthy Living Index

- The Community Healthy Living Index (CHLI) is a compilation of assessment tools that measure opportunities for physical activity and healthy eating in communities
- Developed by YMCA of the USA in partnership with Harvard School of Public Health, Stanford University and St. Louis University
- Assessments and discussion guides for 6 key community settings
- Involves multiple stakeholders, builds consensus, and creates informed and empowered communities
- Not a measure of success or failure: identifies resources and opportunities
- "Seeds to an Orchard" scoring represents a continuum of change



- 976 CHLI assessments have been completed across the 6 settings

976 Total CHLI Assessments Completed*



*Current as of September 20, 2012

Rhode Island Case Study

In 2011, the Rhode Island Department of Health's Healthy Places by Design (HPbD) project partnered the Rhode Island Health Department with branches of the YMCA of Greater Providence (the Y) to build environments that are more supportive of health. HPbD project teams in North Kingstown and South Kingstown conducted extensive public engagement efforts to gather resident feedback, validate emerging issues, test solutions, and build consensus for change. CHLI assessments were integral to engaging the community in both towns. In a second project, the Y engaged stakeholders in Providence's urban Olneyville neighborhood to conduct CHLI assessments, providing the opportunity for community members to develop their own unique solutions to health challenges in their environments.

Rural: South Kingstown

- Over 100 residents were involved in Healthy Community Summit
- 56 participants across 6 groups conducted CHLI, including:
- Residents in two neighborhoods
- South Kingstown Youth
- Town of South Kingstown employees
- Stakeholder group of business owners and residents



- Map shows identified outdoor recreation opportunities

Map image source: <http://skhealthyplacesbydesign.webs.com>

Suburban: North Kingstown

- 31 CHLI participants across 4 different groups
- Training meeting, week-long observation, final debrief
- Community Design Event also included youth engagement
- Identified opportunities to improve active transportation, accessibility, access to healthy food
- Map shows identified outdoor recreation opportunities



Map image source: <http://www.northkingstown.org/healthy-places-design>

Urban: Olneyville

- 175 unique residents have been engaged
- Eight neighborhood stakeholders conducted the CHLI assessment
- Four discussion sessions
- Recommendations for improvement to the built environment
- Early Result: Opened Manton Avenue Community Garden (pictured below)



Garden image source: Olneyville Healthy Communities Project Progress Report, June 2012

CHLI Resources

www.ymca.net/communityhealthylivingindex

- CHLI assessments (English and Spanish PDFs)
- Press release template, introduction, and instructions on forming a CHLI team and conducting assessments

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