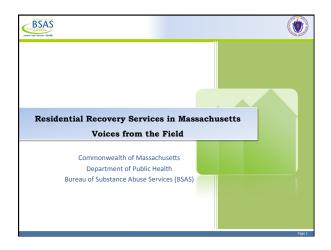
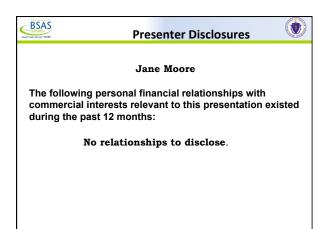
## Residential Recovery Services in Massachusetts Voices from the Field

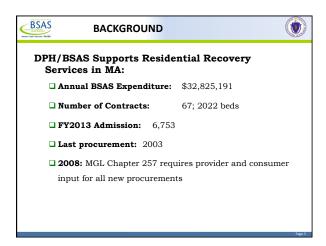
Commonwealth of Massachusetts
Department of Public Health
Bureau of Substance Abuse Services (BSAS)

American Public Health Association Annual Meeting 2013

Jane Moore, MSW, LICSW
Jane Moore Consulting

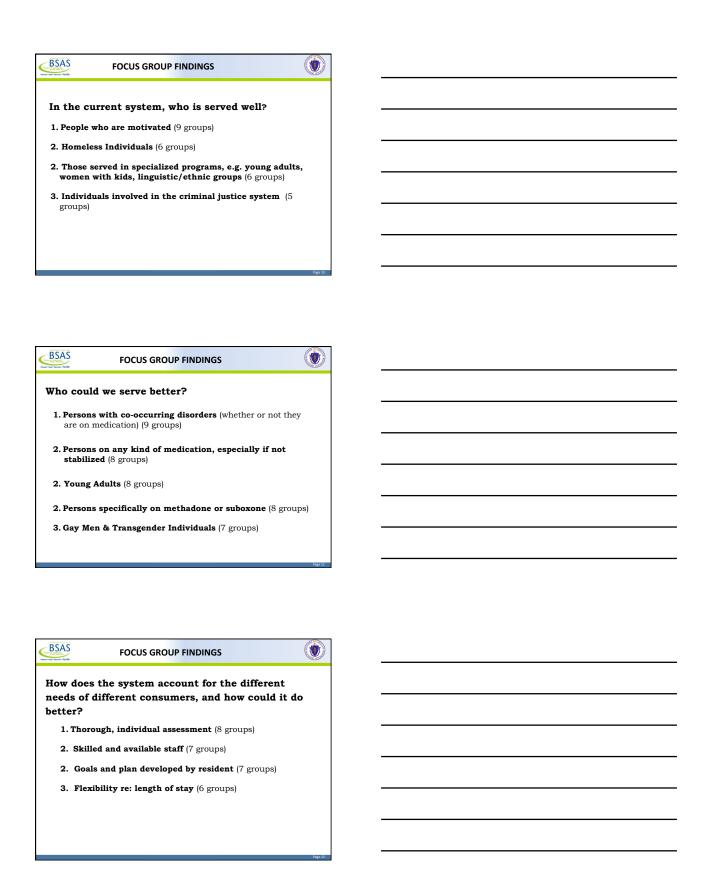






BSAS	BACKGROUND		
hered - bod - hoover - for Site			
BSAS	determined to conduct a transparent proces	ss	
with o	opportunities for input from providers,		
consu	mers and stakeholders:		
	11 focus groups		
	Reported back to focus group participants with		
	opportunity to comment on findings		
	Developed Model for Residential Recovery Services		
	integrating BSAS-defined elements and focus group		
	findings		
	Sought input on Model via Commonwealth procurem website	ent	
	website		
		Page 4	
BSAS	BSAS DEFINED PRINCIPLES & BASIC ELEMENTS		
heven + best + hoover + for Uty			
	covery happens in a social context, i.e. in ationships and in a community.		
	EREFORE, a residential program should		
pro	ovide:		
	A safe environment with a physical layout that facilitate	S	
	interaction of residents, including:		
	☐ Morning meetings at least 5 times a week; ☐ One communal meal each day;		
	☐ One house meeting each week;		
	□24/7 awake staff, one per building.		
		Page 5	
DCAC			
BSAS toward or hoppings toward - hoppings - for life	BSAS DEFINED PRINCIPLES & BASIC ELEMENTS		
	velopment of life skills is critical to successful	.1.4	
	overy. THEREFORE, a residential program shou vide:	uu	
-	Attention to teaching self care;		
<b>□</b> 1	Daily schedule;		
	Wellness Groups;		
	Recovery Counseling and Coaching;		
	Process for teaching and facilitating conflict resolution skills		
	Defined process for accommodating different resident abiliti Mechanism for ensuring aftercare and transition plans are		
	place before a resident leaves;		
	Recovery support group, at least once each week.		

DEAG	
BSAS DEFINED PRINCIPLES & BASIC ELEMENTS	<u> </u>
$\Box$ A residential program should model best	
practices and quality improvement. THEREFORE, programs should:	
☐ Maintain mechanisms for quality improvement;	
☐ Maintain mechanisms for consumer input and feedback to consumers;	
<ul> <li>Ensure staff receive supervision from individuals with demonstrated competence in the twelve core functions of addictions counseling;</li> </ul>	
Maintain active, integrated links with health care, mental health and other services.	
7.94	
BSAS FOCUS GROUPS	
Received from Figility	-
☐ <b>Groups</b> : 11 Groups	
- Three groups with providers	
- One group with criminal justice partners	
<ul> <li>One group with family members and partners of current or former residents</li> </ul>	
- One group with the BSAS Consumer Advisory Board	
- One group with BSAS Licensing Inspectors	
- Four groups with current and former residents	
	-
Page	
BSAS FOCUS GROUPS	
BSAS FOCUS GROUPS	<u> </u>
All groups were recorded and all recordings transcribed.	
<ul> <li>In Provider and Criminal Justice groups, speakers were identified.</li> </ul>	
<ul> <li>In family-partner and consumer groups, numbers were used</li> </ul>	-
instead of names	
☐ Transcriptions were analyzed to identify topics	
and themes.	



BSAS FOCUS GROUP FINDINGS		
How can admissions and discharge criteria and processes be designed to balance fairness and		
equal access with needs of program milieu?		
'Applicant' should have thorough information abou program before intake/admission (8 groups)	t the	
Specialized programs improve fairness (5 groups)     Revolders should have a well established network/		
continuum of care linkages (5 groups)		
	Page 13	
	3.00	7
FOCUS GROUP FINDINGS		
In addition to competencies for clinical supervisors, what skill sets and competencies needed? Should specific credentials be requi		
1. Credentialed supervisor should be part of Model $(8\ { m g}$	roups)	
2. Professional development should be in place for all s Groups)	staff (7	
3. Staff should include some people in recovery but professional development and supervision are critic groups)	e <b>al</b> (4	
	Page 14	
		_
FOCUS GROUP FINDINGS		
Cross Question Theme:		
Case Management: (9 groups)	a tho	
<ul> <li>Supports serving everyone well, especially considerin multiple needs many consumers have</li> <li>Plays a role in improving services by speeding referra</li> </ul>		-
☐ Improves ability to meet different needs of different consumers	<b>A.</b> 9	
Consumers should expect assistance in referrals for services, and case managers help to do this		
☐ Improves coordination		
☐ Improves building of links and networks		

