

PHIS Pre-test

- 1) Infants are best placed on their \_\_\_\_\_ for sleep:
  - a) Side
  - b) Stomach
  - c) Back
  - d) All of the above
  
- 2) The following are examples of items that should be placed in an infant's sleep environment:
  - a) Bumpers
  - b) Pillows
  - c) Blankets
  - d) None of the above
  
- 3) The most appropriate sleep environment for an infant is:
  - a) Bed
  - b) Crib
  - c) Couch
  - d) Swing
  
- 4) The following should sleep on the same sleep-surface as an infant:
  - a) Adult
  - b) Another child
  - c) Pet
  - d) None of the above
  
- 5) This practice should not be done, in order to decrease the risk of SUID:
  - a) Breastfeeding
  - b) Offering a pacifier
  - c) Exposing to tobacco smoke
  - d) Supervising awake "tummy time"
  
- 6) Whatever the sleep environment, an infant's sleep surface should be:
  - a) Soft
  - b) Moist
  - c) Firm
  - d) Cluttered
  
- 7) Overheating of an infant:
  - a) Can be avoided by using an infant sleeper instead of blankets
  - b) Should not be avoided
  - c) Is ok as long as nothing covers the infant's head
  - d) Is best prevented by positioning the infant's sleep environment under a drafty window