

PHISE Post-test

- 1) The most appropriate sleep environment for an infant is:
 - a) Couch
 - b) Bed
 - c) Crib
 - d) Swing

- 2) Whatever the sleep environment, an infant's sleep surface should be:
 - a) Firm
 - b) Soft
 - c) Moist
 - d) Cluttered

- 3) Overheating of an infant:
 - a) Is ok as long as nothing covers the infant's head
 - b) Can be avoided by using an infant sleeper instead of blankets
 - c) Should not be avoided
 - d) Is best prevented by positioning the infant's sleep environment under a drafty window

- 4) Infants are best placed on their _____ for sleep:
 - a) Side
 - b) Back
 - a) Stomach
 - b) All of the above

- 5) The following should sleep on the same sleep-surface as an infant:
 - a) Pet
 - b) Adult
 - c) Another child
 - d) None of the above

- 6) The following are examples of items that should be placed in an infant's sleep environment:
 - a) Blankets
 - b) Bumpers
 - c) Pillows
 - d) None of the above

- 7) This practice should not be done, in order to decrease the risk of SUID:
 - a) Breastfeeding
 - b) Exposing to tobacco smoke
 - c) Offering a pacifier
 - d) Supervising awake "tummy time"