Subsequent Pregnancy Program: A Program to Delay a Second Pregnancy Among Teenage Mothers

Subsequent Pregnancy Program
Pat Mosena, Ph.D.
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A Home Visiting Program Designed To Help Adolescent Mothers
Delay a Second Pregnancy
Graduate from High School
“Be the Best Mother I Can Be”

SPP Participant Characteristics 2013
N=269

Mean Age: 16.8
Baby’s Age: 9.0 months
Single: 95%
Welfare: 29%
Daughter of teen mother: 49%

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SPP Participant Outcomes, 1996-2013

Subsequent Pregnancy Program Model

Year 1
- Advisory Group: Intensive training provided through bi-monthly Advisory Group meetings.

Year 2
- Peer Education: Continued training and employment as Peer Educators in their own community.

SPP Year-End Outcomes, 1996-2013

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### Contraceptive Method at Year End 2011-13

- Depo Provera
- IUD
- Implanon
- Pills
- Other
- None

![Graph showing contraceptive method usage from 2011 to 2013]

### Lessons Learned

- Focus on "Delay of a Second Pregnancy"
- Role of Home Visitor
- Knowledge Gained and Shared with Community
- Continued Support by the State of Illinois

![Image of young people with "Subsequent Pregnancy Participants"

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