



**2012 RECOGNITION AWARD**

from Michelle Obama's  
*Let's Move!* Child Care

# FARM TO PRESCHOOL

**Urban & Environmental Policy Institute,  
Occidental College**

## Partners

- California Farm to School
- California State University, Fullerton
- Children's Bureau of Southern California
- Children's Nature Institute
- Compton Unified School District
- Crystal Stairs, Inc.
- Farm to Keiki
- Farm to WIC
- Garden School Foundation
- Healthy School Food Coalition
- LA County Office of Education
- LA Universal Preschool
- Magnolia Place Community Initiative
- Neighborhood House Association
- North County Community Services
- PACE Early Childhood Education
- Pathways LA
- San Diego County Childhood Obesity Initiative
- San Diego County Dept of Public Health
- UC Cooperative Extension
- UCLA Health Care Institute
- USC School of Early Childhood

## Funders

The Kresge Foundation  
Kaiser Permanente  
First 5 LA

## Stay Connected

Visit our websites & join our listserve:  
[www.farmtopreschool.org](http://www.farmtopreschool.org)  
[www.uepi.oxy.edu/projects/food/](http://www.uepi.oxy.edu/projects/food/)



Farm to Preschool at the Urban and Environmental Policy Institute (UEPI), Occidental College is an evidence-based program designed to influence early childhood eating habits through increased access to affordable local healthy food, nutrition education, trainings and workshops, and opportunities for hands-on learning experiences for preschool-aged children, their families, schools and communities. The program serves all early childhood education and child care models and includes:

- 🍏 A low cost age- and culturally-appropriate and customizable curriculum based on best practices, with ongoing training and technical assistance
- 🍏 Connection to farmers, farmers' markets and local food distributors to help arrange direct purchases with participating schools
- 🍏 Collaboration with nutrition services, chefs and contracted vendors to incorporate locally grown fruits and vegetables into school meals, snacks, taste tests and other hands-on activities
- 🍏 Assistance with hosting farmers' market fieldtrips, farmer visits to child care sites and other hands-on activities
- 🍏 A bilingual (Spanish) parent workshop kit including reading food labels, portion control, healthy shopping and snacking, organic foods, home gardening, farmers' markets and market basket programs, recipes and trainings on healthy school food advocacy through policy change
- 🍏 Assistance in the implementation of effective wellness policies
- 🍏 Participating sites conduct nutrition and garden-based education and other in-class activities involving creative arts, science, math, early literacy and gardening activities, as well as taste tests and other food experiences
- 🍏 Participating sites receive free training and technical assistance



**Premio de Reconocimiento 2012**  
de la campaña *Let's Move!* de la  
Primera Dama Michelle Obama

## De la Granja a la Escuela Preescolar

del Instituto de Normas Urbanas y Medioambientales  
en Occidental College

### Socios

- California Farm to School
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### Patrocinadores

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### Manténgase al Día

visite nuestro sitio web y únase a nuestra lista de correo electrónico:

[www.farmtopreschool.org](http://www.farmtopreschool.org)

[www.uepi.oxy.edu/projects/food/](http://www.uepi.oxy.edu/projects/food/)



El programa De la Granja a la Escuela Preescolar en el *Urban & Environmental Policy Institute (UEPI)* en *Occidental College* es un programa está basado en la evidencia y fue diseñado para influir los hábitos alimenticios de niños a temprana edad a través de un mayor acceso a alimentos más sanos, asequibles y cosechados localmente. Además, el programa se enfoca en la educación sobre la nutrición, talleres de capacitación, y le da la oportunidad de obtener experiencia práctica a sus participantes. El programa se enfoca en atender a cualquier modelo de la educación temprana y de cuidado infantil e incluye:

- 🍏 Un currículo a bajo costo, culturalmente apropiado, adecuado para la educación temprana, y basado en las mejores prácticas, incluye asistencia técnica y entrenamiento
- 🍏 Colaboraciones con agricultores, mercados de agricultores y distribuidores locales de alimentos para ayudar a facilitar la compra directa de alimentos para las escuelas participantes
- 🍏 Colaboraciones con el personal de Servicios de Alimentos para incorporar mas frutas y vegetales cultivadas localmente en las comidas escolares, meriendas y otras actividades prácticas
- 🍏 Asistencia con excursiones a mercados de agricultores, visitas de campesinos en las aulas y otras actividades prácticas
- 🍏 Un botequín bilingüe (en español) sobre talleres que incluyen lectura de etiquetas de alimentos, control de la porción, compras de comestibles y bocadillos saludables, alimentos orgánicos, jardinería doméstica, acceso asequible a los mercados de agricultores y programas de canastas alimenticias, recetas y talleres de abogacía sobrealimentación escolar saludable
- 🍏 Asistencia en la implementación de políticas de bienestar eficaces
- 🍏 Los sitios participantes llevaran a cabo educación de la nutrición, jardinería y otras actividades practicas relacionadas con las artes creativas, ciencia, matemáticas, alfabetización temprana y actividades de jardinería, así como pruebas de degustación
- 🍏 Sitios participantes reciben formación gratuita y la asistencia técnica