

Planned Parenthood Resources For You and Those You Serve!

CHAT/TEXT PlannedParenthood.org/Chat

- Where young people can chat on the web or text with live health educators.
- Reaches youth and young adults at urgent moments when worry levels are high. Answers their questions and links them to care. Focuses on times when people might be worried about pregnancy, STDs, abortion, or birth control failure.



Chat/Text



My Method

TOOLS FOR TEENS PlannedParenthood.org/Apps

- **Awkward or Not?:** Helps teens communicate with their parents about sex and relationships
- **Been There. Done That:** Helps teens set a plan to use condoms and birth control every time they have sex
- **It Takes Two:** Helps teens manage ongoing use of birth control and condoms
- **My Birth Control:** Helps teens think through their birth control options
- **The Kickback:** Helps teens practice saying “no” to risky situations like alcohol, drugs and sex
- **What’s Your Future Plan/Fast Forward:** Helps younger/older teens plan for their future, including family planning
- **What’s Your Love Personality?/Where Do You Stand?:** Helps younger teens set a plan to wait to have sex



The Check

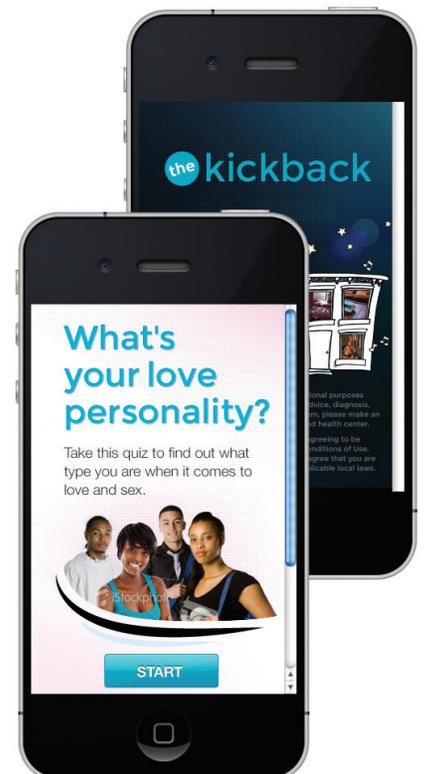


Am I Pregnant?

TOOLS FOR YOUNG ADULTS

PlannedParenthood.org/All-Access

- **Am I Pregnant?:** Helps users figure out if it’s time for a pregnancy test or to take emergency contraception
- **Locate:** Helps users find a local Planned Parenthood health center
- **My Method:** Helps adults think through their birth control options
- **The Check:** Helps users figure out if they should get tested for STDs



The Kickback and What’s your Love Personality tools

EDUCATIONAL BROCHURES

- Over 70 titles on sexual health, birth control, women's health, relationships, and family communication
- Many available in both English and Spanish
- Preview them and purchase online at www.PPFASStore.org

PLANNEDPARENTHOOD.ORG

Find a wealth of resources on our website, including:

- Up-to-date sexual and reproductive health information
- Educational videos
- Info for Teens and Ask the Experts blog
- Tools for Educators
- Tools for Parents
- Access to Tools & Widgets
- Access to Chat/Text



PlannedParenthood.org

FIND MORE HEALTH INFORMATION AND FOLLOW US AT:

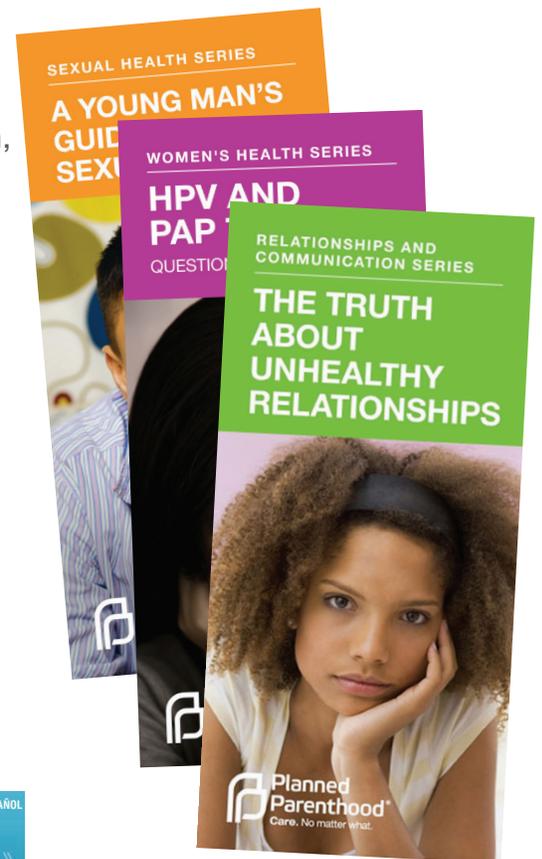
 **Facebook for young adults:** facebook.com/PlannedParenthood
Facebook for teens: facebook.com/PlannedParenthoodInfoforTeens

 **Twitter:** @PPFAQ for young adults, @HeyPP for teens

 **Tumblr:** plannedparenthood.tumblr.com

 **YouTube:** youtube.com/plannedparenthood

 **Instagram:** @PlannedParenthood



Education brochures

Planned Parenthood is the nation's leading provider and advocate of high-quality, affordable health care for women, men, and young people, as well as the nation's largest provider of sex education. With nearly 750 health centers across the country, Planned Parenthood organizations serve all patients with care and compassion, with respect and without judgment. Through health centers, programs in schools and communities, and online resources, Planned Parenthood is a trusted source of reliable health information that allows people to make informed health decisions. We do all this because we care passionately about helping people lead healthier lives.