"But I Didn't Want to Go to Hell" Faith Communities' Stigmatization of Suicide among Young, Rural Micronesian Men

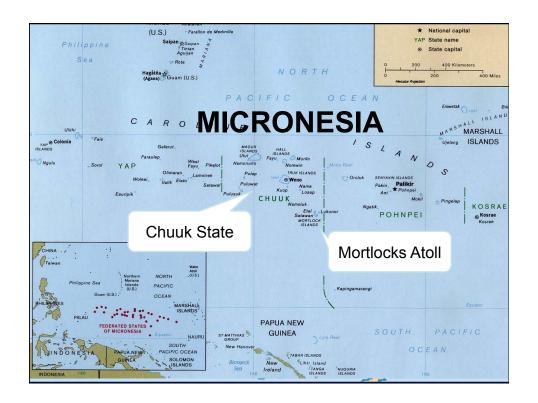
Alexander Plum, MPH(c) November 17, 2014 American Public Health Association Annual Meeting

# **Presenter Disclosure**

# Alexander Plum

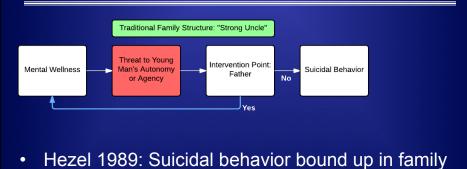
1.) The following personal financial relationships with commercial interests relevant to this presentation existed during the past 12 months:

### No relationships to disclose

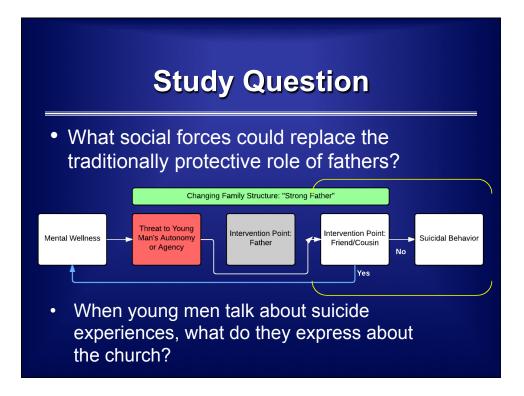


# <section-header><section-header><section-header><list-item><list-item><list-item><list-item><list-item><list-item>

# The Family's Role in Suicide



- Family: Traditional → Western
- Family: Protective → Causative



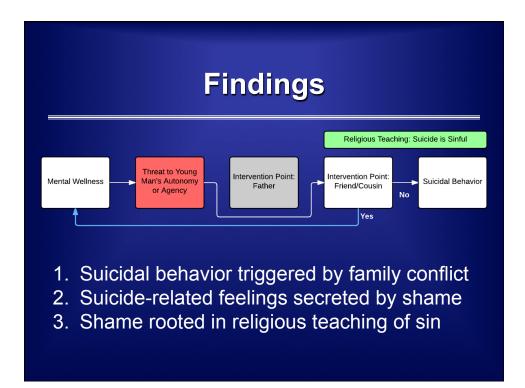
# **Study Population & Recruitment**

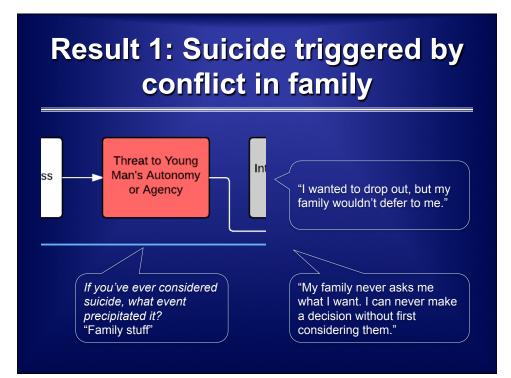
# • N=39

- Young men aged 14-18 who attended Camp Boys to Men 2010-2013
- Purposive, convenience sampling
- Gatekeepers informed families, got permission for researcher

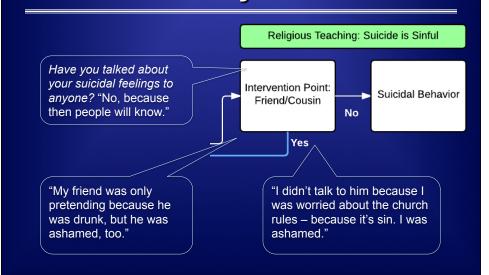
# **Study Design & Analysis**

- Qualitative interviews
- Detailed notes
- Inductively coded
  Hell
  - -Tipis (Sin)
  - -Fio (Conflict)
- Thematic analysis

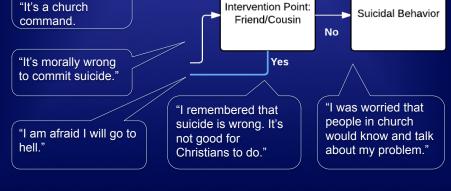




# Result 2: Feelings made secret by shame



# Results 3: Shame rooted in religious teaching that suicide is sinful Religious Teaching: Suicide is Sinful Why were you ashamed? "It's a church command.



# Discussion

- Permanent family shift
- Conflict: moving externally
- Sinful suicide
  - -Preventive
  - -Stigmatizing
  - -Towards a *new culture*?

# Limitations

- Convenience sampling
- Interviews not recorded
- Underrepresentation of suicide completers
- Cultural barrier

# **Future Directions**

- Study of Religious Leaders
- Effect on Spiritual Formation
- Explore Ideation More Deeply

# Acknowledgments

- Rev. Sitae Illon Smith
- Department of Behavioral Sciences & Health Education, Emory University Rollins School of Public Health
- Association of Black Public Health Students, Emory University Rollins School of Public Health
- Jessica Sales, PhD, Delia Lang PhD, and Dawn Comeau, PhD
- Student Assembly Annual Meeting Scholarship

# Citations

- Hezel, FX. (1983). The First Taint of Civilization: A History of the Caroline and Marshall Islands in Pre-Colonial Days, 1521-1885. Honolulu: University of Hawaii Press.
- Hezel, FX. (1984b). Cultural Patterns in Trukese Suicide. Ethnology, 23 (3): 193-206.
- Hezel, FX. (1985). "Trukese Suicide," In Hezel et al, eds. Culture, Youth and Suicide in the Pacific: Paper from an East- West Center Conference. Working Papers, Pacific Islands Studies Program, University of Hawaii, Honolulu, 112-124.
- Hezel, FX. (1987). Truk Suicide Epidemic and Social Change. *Human Organization*, 46: 283-96.
- Hezel, FX. (1989) Suicide and the Micronesian Family. The Contemporary Pacific, 1(1): 43-74.
- Ran, M. (2007). Suicide in Micronesia: A Systematic Review. Primary Psychiatry, 14(11), 80-87.
- Rubinstein, D. (1992). Suicide in MIcronesia and Samoa: A Critique of Explanations. *Pacific Studies*, 15(1), 51-76.
- Rubinstein, D. (1995). Love and Suffering: Adolescent Socialization and Suicide in Micronesia. The Contemporary Pacific, 7(1), 21-54.
- Rubinstein, D. (2002). Youth Suicide and Social Change in Micronesia. Occasional Papers(36), 33-43.

"But I Didn't Want to Go to Hell" Faith Communities' Stigmatization of Suicide among Young, Rural Micronesian Men

# Alex Plum

## aplum@emory.edu

Paul D. Coverdell Fellow, Emory University Rollins School of Public Health Returned Peace Corps Volunteer, Federated States of Micronesia (2008-2011)