

Reference List for the Abstract Titled 'Guided Imagery for Arthritis and other Rheumatic Conditions: A Systematic Review of Randomized Controlled Trials'

Seven studies included in the systematic review:

- Baird, C. L., & Sands, L. P. (2006). Effect of guided imagery with relaxation on health-related quality of life in older women with osteoarthritis. *Research In Nursing And Health*, 29(5), 442-451.
- Baird, C., & Sands, L. (2004). A pilot study of the effectiveness of guided imagery with progressive muscle relaxation to reduce chronic pain and mobility difficulties of osteoarthritis. *Pain Management Nursing*, 5(3), 97-104.
- Baird, C., Murawski, M., & Wu, J. (2010). Efficacy of guided imagery with relaxation for osteoarthritis symptoms and medication intake. *Pain Management Nursing*, 11(1), 56-65.
- Fors, E. A., & Götestam, K. G. (2000). Patient education, guided imagery and pain related talk in fibromyalgia coping. *The European Journal Of Psychiatry*, 14(4), 233-240.
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- Menzies, V., Taylor, A., & Bourguignon, C. (2006). Effects of guided imagery on outcomes of pain, functional status, and self-efficacy in persons diagnosed with fibromyalgia. *Journal Of Alternative & Complementary Medicine*, 12(1), 23-30.

Selected references in the PowerPoint:

- Barbour KE, Helmick CG, Theis KA, Murphy LB, Hootman JM, Brady TJ, Cheng YLJ: Prevalence of Doctor-Diagnosed Arthritis and Arthritis-Attributable Activity Limitation - United States, 2010-2012. *Morb Mortal Wkly Rep* 2013, 62:869-873.
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- Persson, A., Veenhuizen, H., Zachrisson, L., & Gard, G. (2008). Relaxation as treatment for chronic musculoskeletal pain -- a systematic review of randomised controlled studies. *Physical Therapy Reviews*, 13(5), 355-365.
- Stoelb, B., Molton, I., Jensen, M., & Patterson, D. (2009). The efficacy of hypnotic analgesia in adults: a review of the literature. *Contemporary Hypnosis (John Wiley & Sons, Inc.)*, 26(1), 24-39.
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