Postpartum contraceptive behavior and delay of a second pregnancy among teen mothers in the Subsequent Pregnancy Program

A Home Visiting Program Designed To Help Adolescent Mothers
- Delay Second Pregnancy
- Graduate from High School
- “Be the Best Mother I Can Be”

SPP Participant Characteristics
- Mean Age: 16.7
- Baby’s Age: 9.3 months
- Single: 95%
- Daughter of teen mother: 51%

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Subsequent Pregnancy Program Model

Year 1
- Home Visitor: Ongoing, long-term relationship with SPP trained Home Visitor
- Advisory Group: Ongoing support and peer support provided at monthly Advisory Group meetings

Year 2
- Peer Education: Intensive Summer Training, Eligibility based on attendance at monthly Advisory Group meetings, Ongoing Peer Education training through bimonthly Peer Education meetings

SPP Year-End Outcomes, 1996-2013

Contraceptive Method at Year End 2011-2013

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Home Visitor Contacts

<table>
<thead>
<tr>
<th>Types of contacts</th>
<th>N</th>
<th>%</th>
</tr>
</thead>
<tbody>
<tr>
<td>Successful home visits</td>
<td>1,850</td>
<td></td>
</tr>
<tr>
<td>Total number of contacts with young mothers in Group</td>
<td>1,147</td>
<td></td>
</tr>
<tr>
<td>Successful phone contacts</td>
<td>3,846</td>
<td></td>
</tr>
<tr>
<td>Other successful contacts</td>
<td>1,603</td>
<td></td>
</tr>
<tr>
<td>Total contacts</td>
<td>8,426</td>
<td></td>
</tr>
</tbody>
</table>

Role of SPP Home Visitor

- Effectiveness of Subsequent Pregnancy Program Model is dependent upon the personal relationship between the Home Visitor and each young mother on her caseload (n=25).
- The SPP Home Visitor becomes surrogate mother, sister, school, family, and welfare advocate.
- She provides new information and knowledge, ongoing individual support, and a long-term commitment to each young mother and her child.

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