

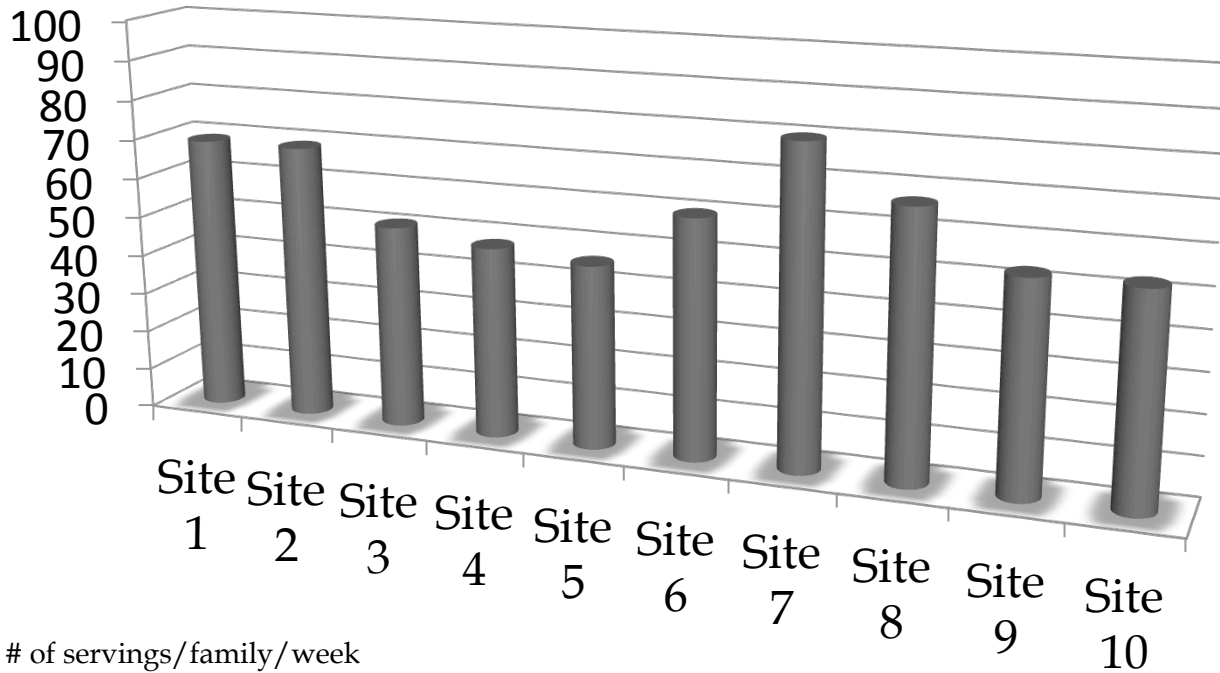
A Process Evaluation of a Food Access and Food Literacy Program to Increase Fruits and Vegetables Intake Among Low-Income Families

Additional Handout- Result Tables and Graphs

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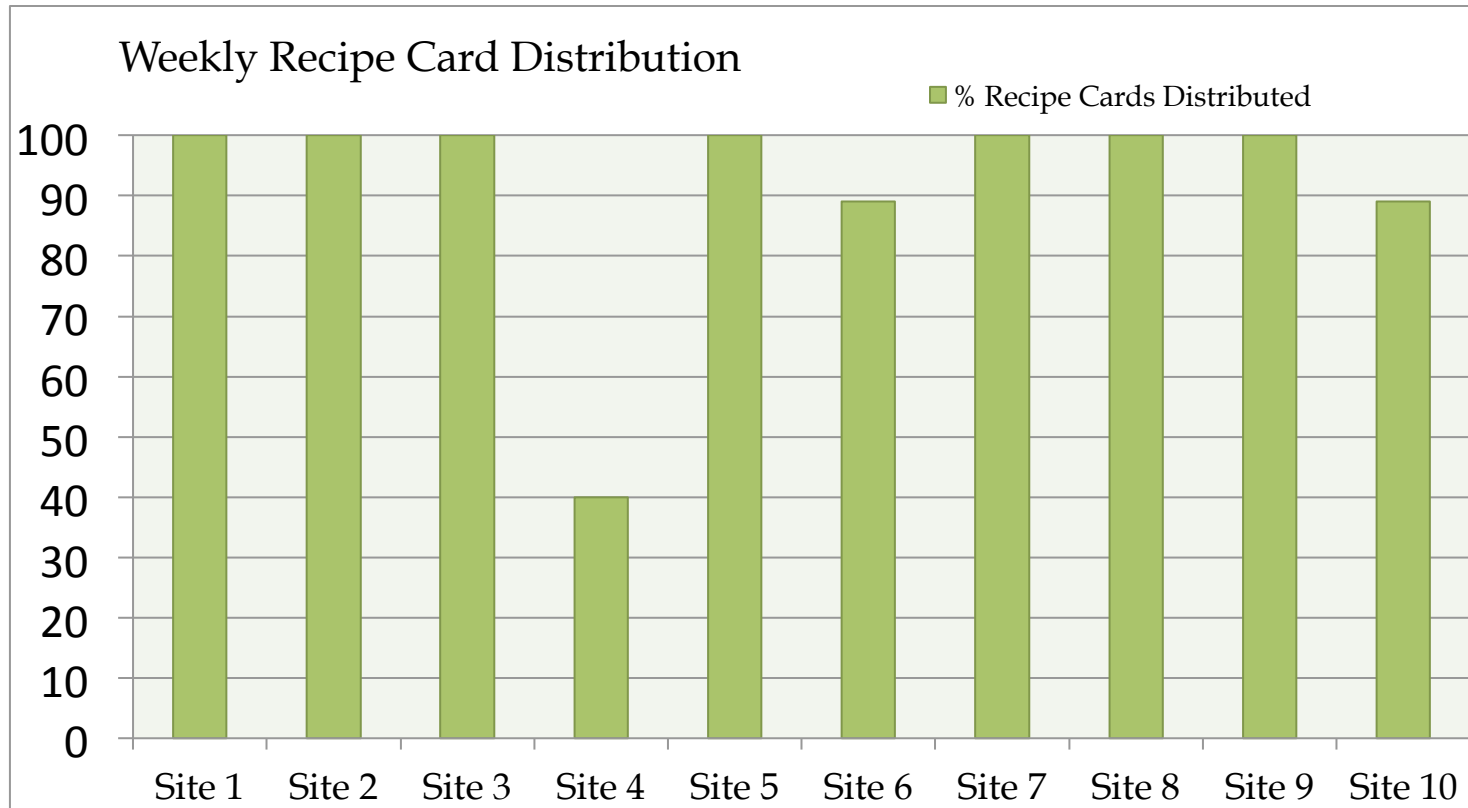
Program Fidelity

Weekly Produce Servings



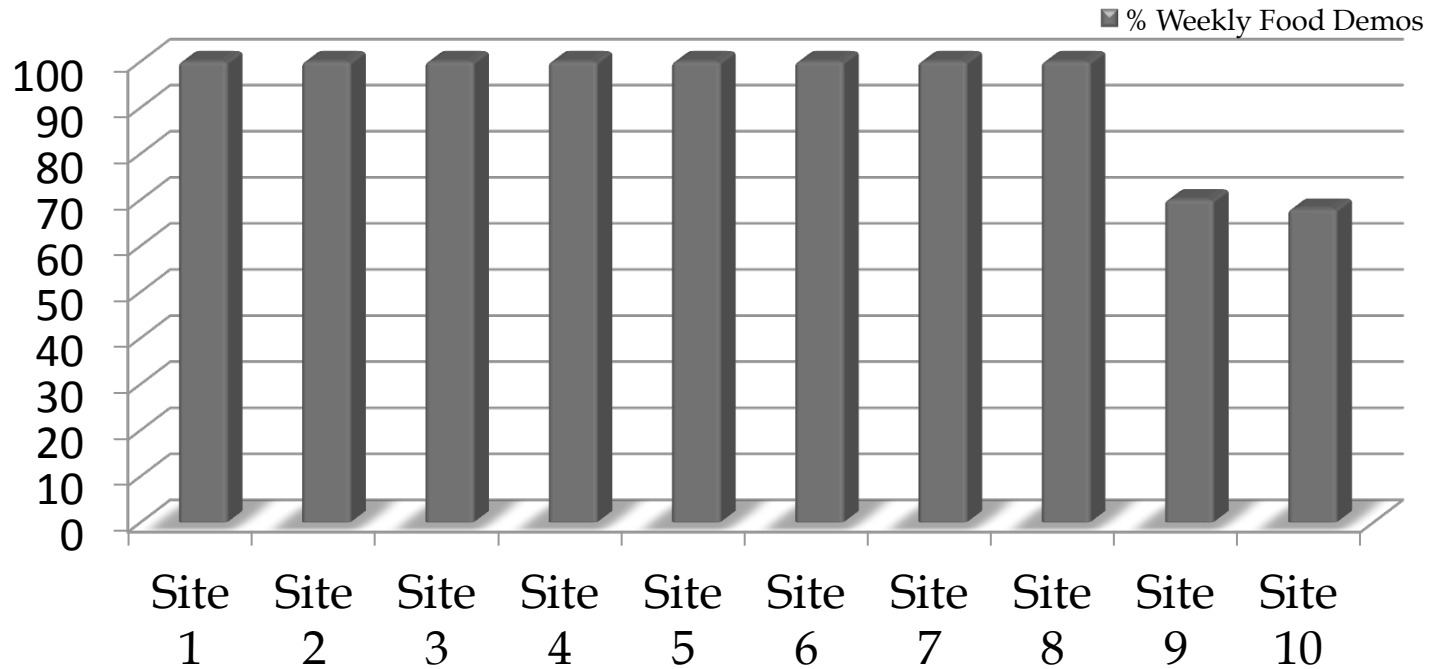
Average # of servings/family/week

Program Fidelity



Program Fidelity

Weekly Food Demonstration and Samples



Program Dosage

Dose Delivered for the Brighter Bites Program- 8 weeks										
	Site 1 N=28 %	Site 2 N=122 %	Site 3 N=27 %	Site 5 N=23 %	Site 6 N=16 %	Site 7 N=81 %	Site 8 N=89 %	Site 9 N=4 %	Site 10 N=41 %	All N=462
Received produce bags										
1-5 times	0	16.4	29.6	0	6.3	3.7	9.0	16.3	9.8	11.0
6-7 times	3.6	2.5	3.7	4.3	0	1.2	7.9	14.3	17.1	5.8
8 times	92.3	79.7	65.4	95.7	93.8	95.0	72.8	63.8	61.5	79.2
Use of Fruits by Families										
Ate all/most	82.1	88.7	96.3	95.7	93.8	92.6	90.4	89.1	97.2	92.6
Ate half	0	4.7	0	4.3	0	3.7	4.1	8.7	0	3.7
Ate <half/did not eat	0	6.6	0	0	0	3.7	5.5	2.2	2.8	3.7
Use of Vegetables by Families										
Ate all/most	90.5	85.4	88.9	95.7	93.3	88.6	86.6	77.8	97.3	88.5
Ate half	4.8	8.7	0	0	6.7	5.1	10.4	11.1	0	6.4
Ate <half/did not eat	4.8	5.8	0	4.3	0	6.3	3.0	11.1	2.7	5.0

Program Dosage

Received Nutrition Booklet										
Yes	70.8	77.1	80.0	56.5	93.3	93.5	76.3	71.7	81.1	78.7
No	29.2	22.9	20.0	43.5	6.7	6.5	23.8	28.3	18.9	21.3

Program Satisfaction Results

Program Effectiveness

