



## Fall Prevention among Older Adults **FREE CHW & Instructor** **Trainings**

### **CHW Course:**

- ◇ Preparing CHWs/Promotores to Prevent and Reduce Falls Among Older Adults
- ◇ 2 Texas DSHS CEUs
- ◇ Register:

<http://www.aheconnect.com/cgec/cdetail.asp?>



### **CHW Instructor Course:**

- ◇ Helping older adults change their health behaviors to prevent falls and related injuries: Health Behavior Change Theories
- ◇ 5 Texas DSHS Instructor CEUs
- ◇ Register:

<http://nchwtc.tamhsc.edu/>

