

<i>Pediatric Obesity Screening/Management</i>	How are patients screened for overweight/obesity?	How is further health evaluation done?	How is program done?	How is tracking & follow-up ?	How is obesity program evaluation done?
<p>CLINIC FLOW</p> <p>DETAILS: Which clinic? Which staff? When during clinic visit? What measurement/tool? Which patients?</p> <p>Target population = kids 0-5 years old</p> <p>Overweight: = 85-95thile</p> <p>Obese: >/=95thile</p>	<ul style="list-style-type: none"> ▪ Which clinic? <ul style="list-style-type: none"> <input type="checkbox"/> Primary care <input type="checkbox"/> Specialty care <input type="checkbox"/> Obesity clinic <input type="checkbox"/> QI/quality program <input type="checkbox"/> Other: ▪ Who measures? <ul style="list-style-type: none"> <input type="checkbox"/> MA <input type="checkbox"/> Nurse <input type="checkbox"/> NP/PA <input type="checkbox"/> MD/DO <input type="checkbox"/> Other: ▪ Who interprets result? <ul style="list-style-type: none"> <input type="checkbox"/> MA <input type="checkbox"/> Nurse <input type="checkbox"/> NP/PA <input type="checkbox"/> MD/DO <input type="checkbox"/> Other: ▪ When? <ul style="list-style-type: none"> <input type="checkbox"/> During vital signs <input type="checkbox"/> During regular visit <input type="checkbox"/> After regular visit <input type="checkbox"/> Other time (describe): ▪ What measurement? Tool used? <p>Ages 2-20: BMI %ile</p> <ul style="list-style-type: none"> <input type="checkbox"/> paper growth charts <input type="checkbox"/> scanned into EMR <input type="checkbox"/> filed into paper chart <input type="checkbox"/> online calculator <input type="checkbox"/> EMR auto calculation <p>Ages 0-2: wt for length</p> <ul style="list-style-type: none"> <input type="checkbox"/> paper growth charts <input type="checkbox"/> scanned into EMR <input type="checkbox"/> filed into paper chart <input type="checkbox"/> online calculator <input type="checkbox"/> EMR auto calculation ▪ Which patients? <ul style="list-style-type: none"> <input type="checkbox"/> All patients <input type="checkbox"/> Certain age groups <input type="checkbox"/> Certain weights <input type="checkbox"/> Parent concern <input type="checkbox"/> Kids “flagged” for other reason <input type="checkbox"/> Only some patients (describe): 	<ul style="list-style-type: none"> ▪ Who evaluates? <ul style="list-style-type: none"> <input type="checkbox"/> MA <input type="checkbox"/> Nurse <input type="checkbox"/> NP/PA <input type="checkbox"/> MD/DO <input type="checkbox"/> Other: ▪ When? <ul style="list-style-type: none"> <input type="checkbox"/> During vital signs <input type="checkbox"/> During regular visit <input type="checkbox"/> After regular visit <input type="checkbox"/> Other time (describe): ▪ Evaluation: <ul style="list-style-type: none"> <input type="checkbox"/> Medical History (related to obesity) <input type="checkbox"/> Social History <input type="checkbox"/> Family History <input type="checkbox"/> Review of Systems <input type="checkbox"/> Physical exam <input type="checkbox"/> Blood pressure <input type="checkbox"/> Laboratory studies <input type="checkbox"/> Fasting cholesterol <input type="checkbox"/> Fasting glucose <input type="checkbox"/> Liver Panel (AST/ALT) <input type="checkbox"/> Other tests: ▪ Tool Used? <ul style="list-style-type: none"> <input type="checkbox"/> Protocol for all staff <input type="checkbox"/> Protocol for some staff <input type="checkbox"/> Paper forms <input type="checkbox"/> filed into paper chart <input type="checkbox"/> EMR forms/notes <input type="checkbox"/> Other (describe): ▪ Which patients? <ul style="list-style-type: none"> <input type="checkbox"/> All patients <input type="checkbox"/> Only some patients (describe): <input type="checkbox"/> Certain age groups <input type="checkbox"/> Certain weights <input type="checkbox"/> Parent concern <input type="checkbox"/> Kids “flagged” for some other reason 	<p>Which patients get referred? (Age? Weight/BMI/BMI%ile?)</p> <p>How are referrals made to obesity program (ex. Paper form or thru EMR)?</p> <p>Who refers (ex. MD)?</p> <p>From where (ex. primary care)?</p> <p>Intervention target(s)/goal(s):</p> <ul style="list-style-type: none"> <input type="checkbox"/> pediatric patient <input type="checkbox"/> parent/guardian <input type="checkbox"/> Goals <p>Slow down wt gain Nutrition Physical activity Screen time Other</p> <p>Program components:</p> <ul style="list-style-type: none"> <input type="checkbox"/> Family meetings <input type="checkbox"/> Anticipatory guidance <input type="checkbox"/> Nutrition education/plan <input type="checkbox"/> Physical activity ed/plan <input type="checkbox"/> Screen time ed/plan <input type="checkbox"/> Referrals for further care <p>Staff:</p> <ul style="list-style-type: none"> <input type="checkbox"/> Case-manager <input type="checkbox"/> Physician <input type="checkbox"/> Psychologist <input type="checkbox"/> Health Educator <input type="checkbox"/> Nutrition/Dietician <input type="checkbox"/> Exercise Program <input type="checkbox"/> Specialty care referrals <input type="checkbox"/> Community-based referrals (describe) <p>Tool Used by Staff:</p> <ul style="list-style-type: none"> <input type="checkbox"/> Protocol for all staff <input type="checkbox"/> Protocol for some staff <input type="checkbox"/> Paper forms <input type="checkbox"/> filed into paper chart <input type="checkbox"/> EMR forms/notes <input type="checkbox"/> Other (describe): 	<ul style="list-style-type: none"> ▪ Who tracks pts? <ul style="list-style-type: none"> <input type="checkbox"/> MA <input type="checkbox"/> Nurse <input type="checkbox"/> NP/PA <input type="checkbox"/> MD/DO <input type="checkbox"/> Care manager <input type="checkbox"/> Other: ▪ Tool to track? <ul style="list-style-type: none"> <input type="checkbox"/> Protocol <input type="checkbox"/> Paper pt registry <input type="checkbox"/> Digital pt registry <input type="checkbox"/> EMR table <input type="checkbox"/> Other: ▪ How is follow-up done? <ul style="list-style-type: none"> <input type="checkbox"/> Time Frame <input type="checkbox"/> Weekly <input type="checkbox"/> Monthly <input type="checkbox"/> 6 months <input type="checkbox"/> 1 year <input type="checkbox"/> >1yr <input type="checkbox"/> Other (describe) <p>Patient reminders</p> <ul style="list-style-type: none"> <input type="checkbox"/> Calls <input type="checkbox"/> Texts <input type="checkbox"/> Letters <input type="checkbox"/> Other method: <p>Provider reminders</p> <ul style="list-style-type: none"> <input type="checkbox"/> Paper <input type="checkbox"/> EMR <input type="checkbox"/> During visit <input type="checkbox"/> Mail <input type="checkbox"/> Email <input type="checkbox"/> Other feedback <input type="checkbox"/> Other time (describe): ▪ What pt data is tracked? <ul style="list-style-type: none"> <input type="checkbox"/> Visit/referral <input type="checkbox"/> Given/completed <input type="checkbox"/> BMI %ile <input type="checkbox"/> Height for weight <input type="checkbox"/> BP <input type="checkbox"/> Labs <input type="checkbox"/> Food/nutrition <input type="checkbox"/> Physical activity <input type="checkbox"/> Patient/family questionnaire <input type="checkbox"/> Other: 	<ul style="list-style-type: none"> ▪ Who evaluates? <ul style="list-style-type: none"> <input type="checkbox"/> MA <input type="checkbox"/> Nurse <input type="checkbox"/> NP/PA <input type="checkbox"/> MD/DO <input type="checkbox"/> Care manager <input type="checkbox"/> Other: ▪ Tool to track data? <ul style="list-style-type: none"> <input type="checkbox"/> Protocol <input type="checkbox"/> Paper pt registry <input type="checkbox"/> Digital pt registry <input type="checkbox"/> Registry query <input type="checkbox"/> EMR table <input type="checkbox"/> EMR query <input type="checkbox"/> Other: ▪ Evaluation details: <ul style="list-style-type: none"> <input type="checkbox"/> Done <input type="checkbox"/> In-process <input type="checkbox"/> Planned <input type="checkbox"/> None <input type="checkbox"/> Cohort of patients <input type="checkbox"/> Cross-sectional <input type="checkbox"/> Samples <input type="checkbox"/> Comparison site <input type="checkbox"/> Other: <input type="checkbox"/> Primary care pts <input type="checkbox"/> Obesity clinic pts <input type="checkbox"/> Clinic system pts <input type="checkbox"/> Other: <input type="checkbox"/> Time frame <input type="checkbox"/> Process outcomes (health services delivered) <input type="checkbox"/> Patient outcomes Knowledge/attitude/skills Health behaviors Health outcomes