# Disease-related stigma, the social construction of target groups, and South Africa's programs for AIDS & TB

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## Presenter Disclosure

Kathryn Quissell

(1) The following personal financial relationships with commercial interests relevant to this presentation existed during the past 12 months:

No relationships to disclose

#### **Research Questions**

- Does disease-related stigma influence policy aggressiveness?
- What can we learn from AIDS & TB programs in South Africa?

Disease-related Stigma				
Social Stigma	Association with pre-existing social inequalities eg. poverty, inequality between ethnic groups			
Symbolic Stigma	Harsh moral judgment, blaming & shaming, often linked to behaviors eg. sex, drug use			
Instrumental Stigma	Fear of contracting the illness, often linked to prevalence, contagiousness & lethality			

## What is policy aggressiveness?

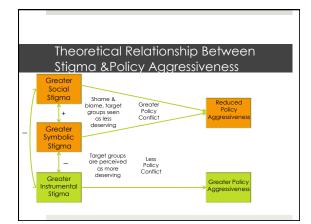
- Time from identification of problem to policy adoption
- Level of resources committed
- Reach of programmatic resources

### Case Selection – AIDS & TB

- They affect similar population groups, and often the exact same individuals because of co-infection
  Major difference is in gender: AIDS is more common in women, TB more common in men
- They differ according to:
- Mode of transmissionCurability
- Cost

## Case Selection – South Africa

- $\hfill \hfill \hfill$
- It has the third largest number of people with TB
- It is a middle-income country and therefore has aboveaverage resources to deal with these problems



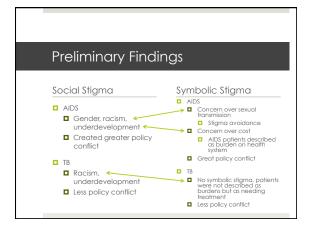
#### Methods

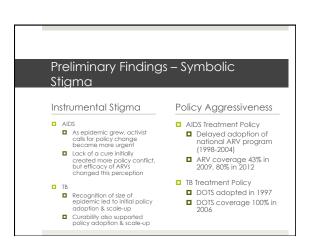


#### Political Context

Political transition at the end of Apartheid

- Concern over rising violence and threat of civil war
  AIDS epidemic struck at the same time ANC was challenging Apartheid regime, no real AIDS program under Apartheid, issue was used to demonize ANC as "infected terrorists"
- TB program had been established under Apartheid
- Narratives surrounding the diseases
  - AIDS had first appeared in gay men, shifted from being seen as the "gay plague" to the "black death." Used as another justification for racism under Apartheid. African origin of the disease.
  - TB was known as the "white plague" and was largely thought to have been brought to Africa from Europe.





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Greater Social Stigma: Gender Race & Poverty + Greater Symbolic Stigma: Sexual	Shame & blame, target groups seen as less deserving	Greater Policy Conflict	Reduced Policy Aggressiveness
sextidi transmission & Cost ↓ -/+ Greater Instrumental Stigma: Size of epidemic Curability	Target groups are perceived as more deserving	Less Policy Conflict	Greater Policy Aggressiveness



# Implications

- Disease-related stigma does influence policy aggressiveness
  Social and symbolic stigma reduce policy aggressiveness
  Instrumental stigma increases policy aggressiveness when it is linked to the size of the epidemic, but it reduces policy aggressiveness when it is linked to curability
- For AIDS policy, the discourse on gender, moral judgment, cost, and lack of a cure were the key differences leading to reduced policy aggressiveness
  Created target groups perceived as burdens/less deserving
  Created greater policy conflict