
• Durso & Latner (2008) Understanding self-directed stigma: development of the weight bias internalization scale. *Obesity*, 16


• Gudzune KA et al (2013). Doctor shopping by overweight and obese patients is associated with increased healthcare utilization. *Obesity*, 21(7): 1328-34.


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**Questionnaires used:**

Dutch Eating Behaviour Questionnaire: van Strien et al, 1986

Eating Disorders Diagnostic Scale: Stice et al, 2000

Stigmatizing Situations Inventory: Myers & Rosen, 1999

Weight Bias Internalization Scale: Durso & Latner, 2008


Restriction of Activities Scale: Robinson & Bacon, 1989;