

# ***WHAT YOU DON'T KNOW...***

Who is  
SHE?!?



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**Sofia heads out to meet her friends for some girl time...**











My doctor told me that you can still be exposed to certain diseases like **HPV**, even without a condom.

H... P... What??



Human Papilloma Virus! Supposedly it causes **cervical cancer** down there... some people even get **genital warts**!



**OH MY GOSH!**  
Are you serious???



Well I am glad Fernando and I are in a serious relationship. I do not need to worry about that stuff anymore.







**Sofia goes back home.**

Tía Lettie!

Hola! Are you here to take Diego? Fernando left him with me earlier.

Oh...

What's wrong mija?  
I can tell something is bothering you.

I think Fernando is cheating on me...

Oh mija, I am so sorry!  
Qué pasó?

I saw him with another girl!







Oh my gosh Elena!  
I cannot believe you are  
asking me that!

Sophia, I know this can be  
awkward but it's important and  
I want you to be safe.

In fact, I found out a girl on my  
soccer team has HPV.



What?!?!?  
How?

HPV can spread through sex  
even if you use a condom. People  
can have HPV without even  
knowing it.



Sofia, the point is that  
you need to take the right  
steps to protect yourself. It  
can never hurt to be on the  
safe side.

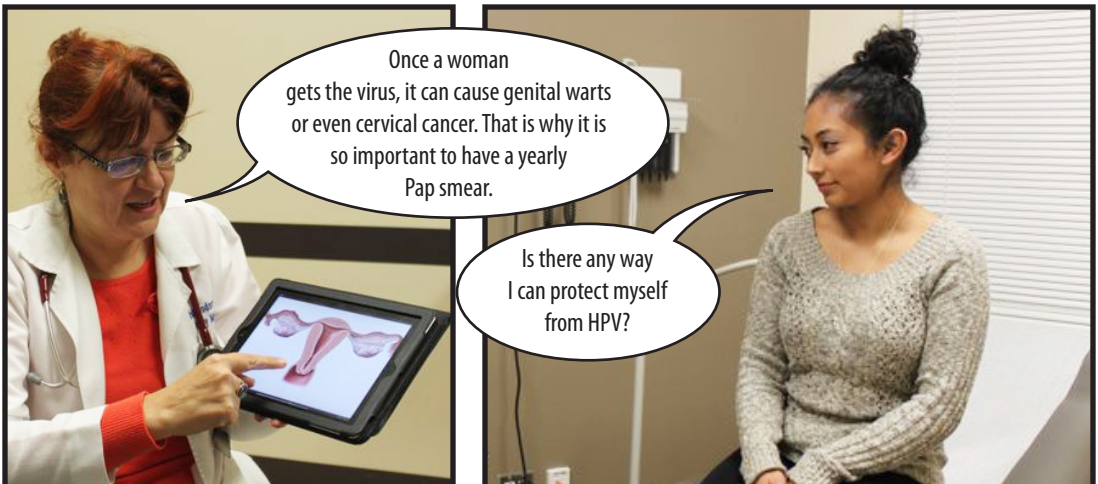
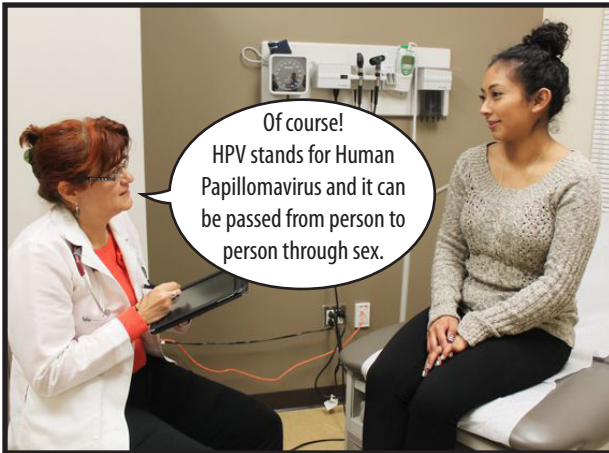
Let's make a doctor's  
appointment so she can  
tell you more.

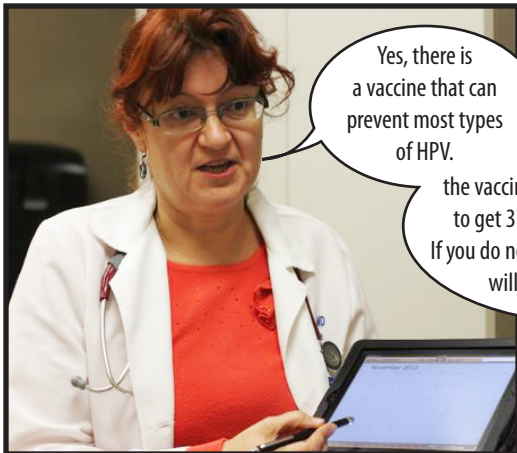


Okay Elena.



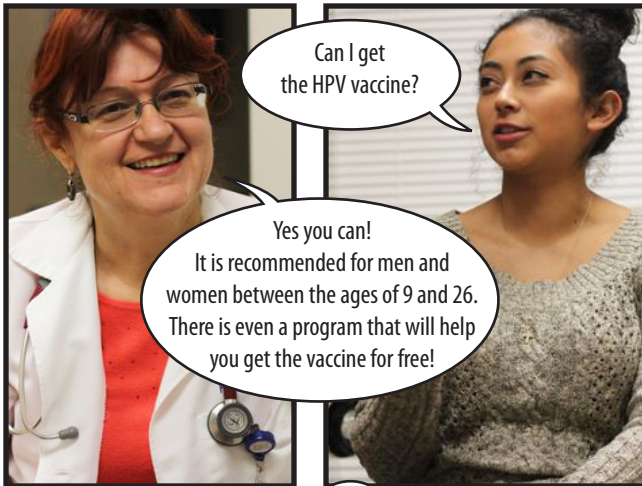
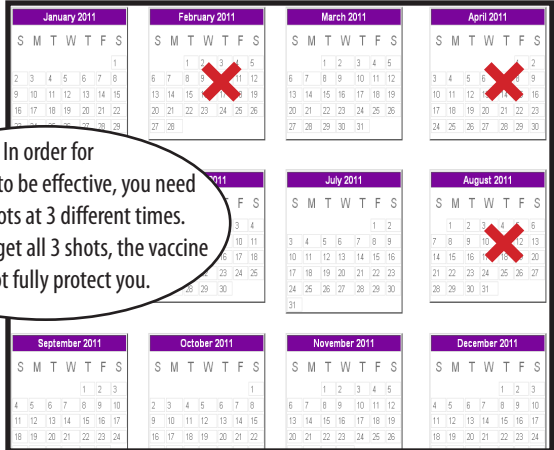
**Later at the doctor's office...**





Yes, there is a vaccine that can prevent most types of HPV.

In order for the vaccine to be effective, you need to get 3 shots at 3 different times. If you do not get all 3 shots, the vaccine will not fully protect you.



Can I get the HPV vaccine?

Yes you can!  
It is recommended for men and women between the ages of 9 and 26. There is even a program that will help you get the vaccine for free!



I will have the nurse come in with your vaccine.



Hmm... it is good to know that I am protected...



See you in 2 months for your second shot!



**Sofia goes back home to talk with Fernando...**



**Fernando meets his friend to play soccer.**

Hey Fernando!  
I wasn't sure if you were going to make it today!

Hey man, Sofia saw me with my Ex today and now she thinks I am cheating on her. We got in a huge fight.

She freaked out and went to the doctor's to get tested for HPV!

Oh shoot!  
I've heard of HPV before!

Qué?

It's no joke, guys can get HPV too. HPV can give you warts or even **cancer in your junk!**


**OH HELL NO!**








## Back at the house...




I cannot believe I saw Fernando with that other girl today. I don't even know what to think!


Then my sister had me go to the doctor to get the HPV vaccine. I don't know if all this is necessary...



It's better to be on the safe side Sofia. It is good that you saw the doctor and got the HPV vaccine.



Besides, do you know if you want to be with Fernando forever?



You are right. It's better to take precautions - no matter what happens between me and Fernando. Thanks chicas!



**Sofia hangs up the phone and  
Fernando comes home from soccer.**



an ounce of  
**PREVENTION**  
is better than a  
pound of cure.

**the end.**



# HPV QUESTIONS & ANSWERS



What is HPV?

Human papilloma virus (also called HPV) is the most common sexually transmitted infection (STI). There are more than 40 HPV types that can infect the genital areas of males and females. These HPV types can also infect the mouth and throat. Most people who become infected with HPV do not even know they have it.



How do people get HPV?

HPV is passed through genital-to-genital contact, most often during vaginal and anal sex. HPV can be passed on even when the infected partner has no signs or symptoms.



What are the potential health problems associated with HPV?

In 90% of cases, the body's immune system clears HPV naturally within 2 years. However, when HPV infections do not clear, they can cause **cervical cancer** and **genital warts**.



How does HPV cause cervical cancer or genital warts?

HPV can cause normal cells on infected skin to turn abnormal. Most of the time, you cannot see or feel these changes!

# HPV QUESTIONS & ANSWERS



How common is HPV?

Some studies suggest that an estimated 15% of men and women between the ages of 15 and 49 are currently infected with genital HPV.



How can people prevent HPV?

Vaccines can protect males and females against some of the common types of HPV that can lead to disease and cancer. These vaccines are given in 3 shots. It is important to get all 3 doses to get the best protection. Vaccines are recommended for males and females 11-26 years old.



Does using a condom prevent HPV?

Condoms may lower the risk of HPV, but HPV can infect areas that are not covered by a condom. To be most effective, condoms should be used with every sex act, from start to finish.



Is there a test for HPV?

Females should have regular Pap smears and cervical cancer screenings conducted by a doctor. There is no general test to check your HPV "status" for males and females.