Our health and well-being are products of not only the health care we receive and the choices we make, but also the places where we live, learn, work, and play. Community health improvement (CHI) is a process to identify and address the health needs of communities.

Because working together has a greater impact on health and economic vitality than working alone, CHI brings together health care, public health, and other stakeholders to consider high-priority actions to improve health.

HOW CAN I USE THE CHI NAVIGATOR?

- **Making the Case for Collaborative CHI**
  - Read about hospitals that are engaged in collaborative CHI work and making an impact on community health.

- **Tools for Successful CHI**
  - Find tools to support success at every step of the CHI process.

- **Database of Interventions**
  - Search the database for strategies that work in four action areas for the greatest impact on community health.

- **CHI Navigator Resources**
  - Download an infographic, fact sheets, and slides for use in engaging stakeholders within and outside your organization.
WHO CAN BENEFIT FROM USING THE CHI NAVIGATOR?

The CHI Navigator is for people who lead or participate in CHI work within hospitals and health systems, public health agencies, and other community organizations.

Benefit to Hospitals and Health Systems:
In this transformational time, the effectiveness of the health care sector is based more on value and patient outcomes than on the volume of services provided. To maximize impact on health, it is essential to address not only access to and provision of health care, but also the prevention of illness—including adequate nutrition—and a focus on the social, behavioral, and environmental factors affecting health and well-being.

Using the CHI Navigator, hospitals and other community stakeholders can find resources related to the CHI process and interventions that experts have reviewed and recommended for working collaboratively across four action areas: socioeconomic factors, physical environment, health behaviors, and clinical care. A balanced portfolio of interventions can lead to greater impact on patient and population health while reducing readmissions and cutting costs.1


Benefit to Other Organizations in the Community:
Engaging in a collaborative CHI process, as described within the CHI Navigator, supports the mission of the organizations involved in using interventions that work—a strategic approach favored by many funders.

A HOLISTIC APPROACH TO HEALTH CARE IS NEEDED:
What will the “H” represent in 10 years? Much more than “Hospital.” People should see it and think of “Health.” As delivery and reimbursement systems change to incentivize keeping patients healthy and out of the hospital, the hospital field must be looking at a holistic approach to care, prevention needs to be front and center, and more than just hospitals and the health care system will be needed to impact change. Our focus should be on determinants of health, not just health care or hospital care.

VISIT THE CHI NAVIGATOR AT www.cdc.gov/CHInav FOR TOOLS AND RESOURCES TO IMPROVE YOUR COMMUNITY’S HEALTH AND WELL-BEING