



# NCIPH

National Center for  
**Integrative**  
Primary Healthcare

Focusing on Interprofessional  
Education, Collaborative Practice  
and Evaluation

The Arizona Center for Integrative Medicine (AzCIM) and the Academic Consortium for Integrative Medicine and Health (The Consortium) in cooperation with the Health Resources and Services Administration (HRSA)<sup>1</sup> create the National Center for Integrative Primary Healthcare (NCIPH). The NCIPH is charged with advancing the incorporation of competency and evidence based integrative health (IH) curricula and best practices into primary care education and practice. The most important gap filled by this 3-year project will be the development of a set of competencies and educational materials relevant to and appropriate for use across the entire interprofessional spectrum of primary care practitioners.

## GOALS

- Develop core IH competencies for interprofessional primary care teams.
- Develop a 45 hour interprofessional IH online curriculum for primary care educational programs – **Foundations in Integrative Health.**
- Create an accessible and interactive online infrastructure that will house:
  - IH curricula
  - Best IH practices for primary healthcare professions
  - Links to partner organizations and IH resources for healthcare professionals
  - Patient portal
- Develop patient education IH material and facilitate access to IH practitioners.

## INTERPROFESSIONAL LEADERSHIP TEAM

The interprofessional leadership team (InPLT) is a national committee comprised of representatives from primary care and other health professions. The role of the InPLT is to develop interprofessional competencies and curricula for primary care, provide technical assistance and serve as the linkages to national and regional partner organizations.

### Principal Investigator:

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### Chair, InPLT:

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### Project Director:

Audrey Brooks, PhD  
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To learn more about NCIPH visit:  
<http://nciph.org>

**Are you interested in becoming a pilot site to test and evaluate the curriculum?**

**Want to review profession specific competencies?**

**Want to become a NCIPH resource or dissemination partner?**

**Want to get involved?**

For more information about the NCIPH email:  
[info@nciph.org](mailto:info@nciph.org)



ARIZONA CENTER FOR  
**Integrative Medicine**



ACADEMIC CONSORTIUM  
FOR **INTEGRATIVE**  
MEDICINE & HEALTH

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## Meet the InPLT

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### **Chair: Ben Kligler, MD, MPH**

Vice Chair, Mount Sinai Beth Israel Department of Integrative Medicine

### **Principal Investigator: Patricia Lebensohn, MD**

Professor of Family and Community Medicine, Arizona Center for Integrative Medicine, University of Arizona

### **Project Director: Audrey Brooks, PhD**

Arizona Center for Integrative Medicine, University of Arizona

### **The Consortium: Maryanna Klatt, PhD, RYT**

Associate Professor, Department of Family Medicine, The Ohio State University College of Medicine

### **Preventive Medicine: Eden Wells, MD, MPH, FACPM**

Clinical Associate Professor, Epidemiology, Director, Preventive Medicine Residency, University of Michigan School of Public Health

### **Preventive Medicine: Asim Jani, MD, MPH, FACP**

Director, CDC Preventive Medicine Residency and Fellowship Team Lead for the Health Systems Integration Program

### **Family Medicine: Victoria Maizes, MD**

Executive Director, Arizona Center for Integrative Medicine, Professor of Clinical Medicine, Family Medicine and Public Health, University of Arizona

### **Internal Medicine: Ana Marie Lopez, MD, MPH, FACP**

Professor of Medicine and Pathology, Medical Director, Arizona Telemedicine Program, University of Arizona Cancer Center

### **Pediatrics: Hilary McClafferty, MD**

Director, Pediatric Integrative Medicine in Residency, Arizona Center for Integrative Medicine, University of Arizona

### **Nursing: Mary Jo Kreitzer, PhD, RN, FAAN**

Director, Center for Spirituality & Healing, Professor, School of Nursing, University of Minnesota

### **Nursing: Mary S. Koithan, PhD, RN, CNS-BC, FAAN**

Associate Dean for Professional and Community Engagement, Associate Professor, University of Arizona College of Nursing

### **Pharmacy: Jeannie K Lee, PharmD, BCPS, CGP**

Department of Pharmacy Practice & Science, University of Arizona College of Pharmacy

### **Public Health: Doug Taren, PhD**

Associate Dean of Academic Affairs, Professor of Public Health, Mel and Enid Zuckerman College of Public Health, University of Arizona

### **Behavioral Health: Robert Rhode, PhD**

Adjunct lecturer in Department of Psychiatry Arizona Health Sciences Center, University of Arizona

### **Academic Consortium for Complementary & Alternative Health Care (ACCAHC): Elizabeth Goldblatt, PhD, MPA/HA**

ACCAHC Co-Executive Director, American College of Traditional Chinese Medicine (ACTCM) & Doctor of Acupuncture and Oriental Medicine (DAOM) Academic Council and Faculty

### **HRSA Project Officer: Irene Sandvold, DrPH, FACNM, FAAN**

Medical Training and Geriatrics Branch, Division of Medicine and Dentistry, Bureau of Health Workforce, Health Resources and Services Administration, Department of Health and Human Services

## Integrative Health Competencies for Primary Care Professionals

1. Practice patient-centered and relationship-based care.
2. Obtain an integrative health history which includes mind-body-spirit, nutrition, and the use of both conventional and integrative therapies.
3. Collaborate with individuals and families to develop a personalized plan of care to promote health and well-being which incorporates integrative approaches including lifestyle counseling and the use of mind-body strategies.
4. Demonstrate skills in understanding and utilizing the evidence as it pertains specifically to integrative healthcare.
5. Demonstrate basic knowledge on the major health professions both integrative and conventional.
6. Facilitate behavior change in individuals, families and communities.
7. Work effectively as a member of an interprofessional team.
8. Practice self-care.
9. Demonstrate skills to incorporate integrative healthcare into community settings and into the healthcare system at large.
10. Incorporate ethical standards of practice into all interactions with individuals, organizations and communities.