LET'S EAT MORE of ALASKA'S TRADITIONAL EDISONAL

You can donate hunted and gathered foods to food service programs, senior meals, food banks, schools, hospitals, etc.

Help keep Alaskans
healthy by sharing
our local foods!

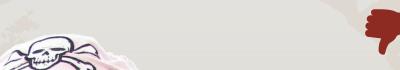
HOW TO DONATE:

- Meats: whole, quartered, or roasts
- Fish: gutted and gilled, with or without heads
- Plants: whole, fresh or frozen



DONATE THESE:

- Most wild game meat
- Fish
- Seafood (excluding molluscan shellfish)
- Marine mammal meat and fat
 (unfermented maktak and seal meat)
- Plants, including fiddlehead and sourdock
- Berries
- Wild Mushrooms
- Eggs (whole, intact, and raw)



NOT THESE:

- Fox, polar bear, bear, and walrus meat
- Seal oil or whale oil, with or without meat
- Fermented game meat (beaver tail, whale flipper, seal flipper, and walrus)
- Homemade canned or vacuum sealed foods
- Smoked or dried seafood products, unless those products are prepared in a seafood processing facility permitted under 18 AAC 34
- Fermented seafood products (salmon eggs, fish heads, and other)
- Molluscan shellfish



ADDITIONAL INFORMATION CAN BE FOUND AT:

http://dec.alaska.gov/eh/fss/food/traditional_foods.htm/
http:// http://www.uaa.alaska.edu/elders/traditionalfoods

















