Trauma care and insurance coverage: the relationship between insurance type and diagnostic imaging over the course of care.

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#### **Presenter Disclosures**

 The following personal financial relationships with commercial interests relevant to this presentation existed during the past 12 months:

No relationships to disclose

### Background

- Large body of literature on disparities in trauma outcomes (i.e. mortality) and lack of health insurance [1-7]
- Fewer evaluations of outcomes according to the type/ frequency of interventions received during care.

### Rationale for study

- Uninsured patients are known to receive fewer radiographic studies during trauma care [8-10].
  - Our objective: determine whether there are differences across multiple insurance types and different periods of care.

## Study population (n = 3,621)

- Adults ages ≥ 18 years
- ACS Level I Trauma Center (2011/12)
- Length of stay ≥ 23 hours
  - Excluded:
    - burns/asphyxia
    - in-hospital deaths
    - missing data: ISS, age, AMA.

## Methodology (1 of 2)

- Insurance type: (1) commercial indemnity; (2) Medicare; (3) Medicaid; (4) None; (5) Government (military/TRICARE/prison).
- Covariates: Sex, Age, Race/Ethnicity, ISS, comorbidity, complications, LOS, mechanism
- Unadjusted and adjusted odds ratios (OR) using negative binomial logistic regression

## Methodology (2 of 2)

- Primary analyses:
  - (1) Differences across entire hospital stay
  - (2) Differences during first 24 hours
  - (3) ISS > 15 (n = 596)
  - (4) Blunt force mechanism (n = 3,058)
- Sub-analyses:
  - (5) Differences in 6 different CT scans

#### Select demographic / clinical variables Diagnostic imaging Commercial Medicare Medicaid None Government All imaging (entire stay) 17.3 13.5 20.6 13.8 10.8 All imaging (< 24 hours) 6.1 8.4 7.5 8.7 6.5 CT imaging (< 24 hours) 2.4 1.6 2.2 2.2 1.9 63.6% 71.9% 37.4 37.4% 57.6% White 31.4% 25.5% 56.2% 52.6% 36.8% Black 2.3% 0.7% 2.6% 6.8% 3.0% Hispanic 42.0 71.9 39.4 36.6 38.8 Age 67.7% 50.5% 61.5% 82.4% 81.0% Male 88.9% 94.6% 81.9% 75.9% 81.8% Blunt force

All differences significant (p < 0.05)

## Primary results: imaging for entire stay

Insurance Type	All imaging	p value
Commercial	==	
Medicare	0.85 (0.78 - 0.93)	< 0.001
Medicaid	0.89 (0.81 - 0.99)	0.003
No Insurance	0.90 (0.85 - 0.96)	< 0.001
Government	0.81 (0.72 - 0.90)	< 0.001

Primary results: imaging < 24 hrs.

Insurance Type	All imaging	p value
Commercial	==	
Medicare	0.78 (0.71 - 0.86)	< 0.001
Medicaid	0.95 (0.85 - 1.06)	0.363
No Insurance	0.96 (0.89 - 1.03)	0.239
Government	0.83 (0.74 - 0.94)	0.003

Primary results: < 24 hrs. + ISS > 15

Insurance Type	All imaging	p value
Commercial		
Medicare	0.85 (0.68 - 1.06)	0.145
Medicaid	0.82 (0.66 - 1.03)	0.091
No Insurance	0.84 (0.72 - 0.97)	0.016
Government	0.72 (0.55 - 0.94)	0.016

# Primary results: < 24 hrs. + blunt force

Insurance Type	All imaging	p value
Commercial	==	
Medicare	0.77 (0.70 - 0.84)	< 0.001
Medicaid	0.91 (0.82 - 1.02)	0.109
No Insurance	0.94 (0.88 - 1.01)	0.085
Government	0.85 (0.76 - 0.96)	0.006

#### Secondary results: Select CT scans (p < 0.05) ABD Pelvis chest/abd/pel head w/o Insurance cerv spine facial bones type w/contrast w/contrast CP w/recons CP w/o contrast contrast Commercial Medicare Χ Χ Χ Medicaid No Insurance X Government X

#### Discussion

- Insurance status is a determining factor in delivery of radiographic imaging after adjustment for clinical and demographic factors.
- Mixed evidence that radiographic evaluations are driven by factors other than patient pathology during acute care.

## **Implications**

- Expand the time period of the analysis (pre and post Health Exchange)
- Do differences stem from physician or patient discretion, or both?
- Investigate possibility of over treatment?

#### Thank You

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