PROMIS® PHYSICAL FUNCTION ITEMS

PFA11  Are you able to do chores such as vacuuming or yard work?
[.....] Without any difficulty
[.....] With a little difficulty
[.....] With some difficulty
[.....] With much difficulty
[.....] Unable to do

PFA12  Are you able to push open a heavy door?
[.....] Without any difficulty
[.....] With a little difficulty
[.....] With some difficulty
[.....] With much difficulty
[.....] Unable to do

PFA16  Are you able to dress yourself, including tying shoelaces and buttoning your clothes?
[.....] Without any difficulty
[.....] With a little difficulty
[.....] With some difficulty
[.....] With much difficulty
[.....] Unable to do

PFA34  Are you able to wash your back?
[.....] Without any difficulty
[.....] With a little difficulty
[.....] With some difficulty
[.....] With much difficulty
[.....] Unable to do

PFA38  Are you able to dry your back with a towel?
[.....] Without any difficulty
[.....] With a little difficulty
[.....] With some difficulty
[.....] With much difficulty
[.....] Unable to do

PFA51  Are you able to sit on the edge of a bed?
[.....] Without any difficulty
[.....] With a little difficulty
[.....] With some difficulty
[.....] With much difficulty
[.....] Unable to do

PFA55  Are you able to wash and dry your body?
[.....] Without any difficulty
[.....] With a little difficulty
[.....] With some difficulty
[.....] With much difficulty
[.....] Unable to do

PFA56  Are you able to get in and out of a car?
[.....] Without any difficulty
[.....] With a little difficulty
[.....] With some difficulty
[.....] With much difficulty
[.....] Unable to do

PFB19  Are you able to squeeze a new tube of toothpaste?
[.....] Without any difficulty
[.....] With a little difficulty
[.....] With some difficulty
PFB22  Are you able to hold a plate full of food?
[.....] Without any difficulty
[.....] With a little difficulty
[.....] With some difficulty
[.....] With much difficulty
[.....] Unable to do

PFB24  Are you able to run a short distance, such as to catch a bus?
[.....] Without any difficulty
[.....] With a little difficulty
[.....] With some difficulty
[.....] With much difficulty
[.....] Unable to do

PFB26  Are you able to shampoo your hair?
[.....] Without any difficulty
[.....] With a little difficulty
[.....] With some difficulty
[.....] With much difficulty
[.....] Unable to do

PFC45  Are you able to sit on and get up from the toilet?
[.....] Without any difficulty
[.....] With a little difficulty
[.....] With some difficulty
[.....] With much difficulty
[.....] Unable to do

PFC46  Are you able to transfer from a bed to a chair and back?
[.....] Without any difficulty
[.....] With a little difficulty
[.....] With some difficulty
[.....] With much difficulty
[.....] Unable to do

PFA1  Does your health now limit you in doing vigorous activities, such as running, lifting heavy objects, participating in strenuous sports?
[.....] Not at all
[.....] Very little
[.....] Somewhat
[.....] Quite a lot
[.....] Cannot do

PFA3  Does your health now limit you in bending, kneeling, or stooping?
[.....] Not at all
[.....] Very little
[.....] Somewhat
[.....] Quite a lot
[.....] Cannot do

PFA5  Does your health now limit you in lifting or carrying groceries?
[.....] Not at all
[.....] Very little
[.....] Somewhat
[.....] Quite a lot
[.....] Cannot do

PFC12 Does your health now limit you in doing two hours of physical labor?
[.....] Not at all
[.....] Very little
[.....] Somewhat
PFC36  
Does your health now limit you in walking more than a mile?

[......] Not at all
[......] Very little
[......] Somewhat
[......] Quite a lot
[......] Cannot do

PFC37  
Does your health now limit you in climbing one flight of stairs?

[......] Not at all
[......] Very little
[......] Somewhat
[......] Quite a lot
[......] Cannot do

PFA21  
Are you able to go up and down stairs at a normal pace?

[......] Without any difficulty
[......] With a little difficulty
[......] With some difficulty
[......] With much difficulty
[......] Unable to do

PFA23  
Are you able to go for a walk of at least 15 minutes?

[......] Without any difficulty
[......] With a little difficulty
[......] With some difficulty
[......] With much difficulty
[......] Unable to do

PFA53  
Are you able to run errands and shop?

[......] Without any difficulty
[......] With a little difficulty
[......] With some difficulty
[......] With much difficulty
[......] Unable to do

PFA7  
How much do physical health problems now limit your usual physical activities (such as walking or climbing stairs)?

[......] Not at all
[......] Very little
[......] Somewhat
[......] Quite a lot
[......] Cannot do

PFB1  
Does your health now limit you in doing moderate work around the house like vacuuming, sweeping floors or carrying in groceries?

[......] Not at all
[......] Very little
[......] Somewhat
[......] Quite a lot
[......] Cannot do

PFA4  
Does your health now limit you in doing heavy work around the house like scrubbing floors, or lifting or moving heavy furniture?

[......] Not at all
[......] Very little
[......] Somewhat
[......] Quite a lot
[......] Cannot do