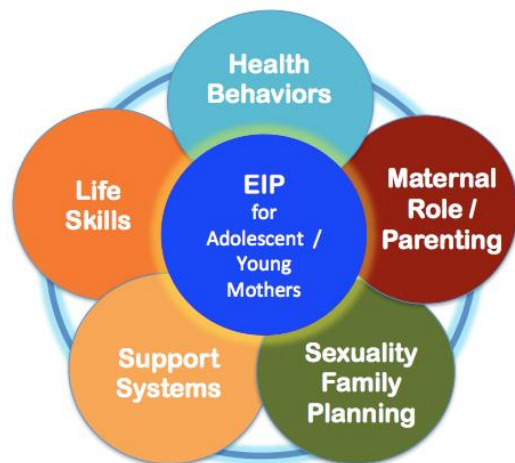


# Early Intervention Program for Adolescent Mothers (EIP-PHN)

Designated Evidence-Based  
Home Visiting Model  
Public Health Nurses

UCLA School of Nursing - Los Angeles



Population served: The Early Intervention Program for Adolescent Mothers (EIP) targets culturally diverse pregnant young women, 14 to 19 years of age, and their infants from birth to 12 months. Young women are eligible for the EIP if they are 26 weeks gestation or less and pregnant with their first child. Expectant mothers who are chemically dependent or have serious medical or obstetric problems are ineligible. A public health nursing model of care is employed in the EIP that involves prenatal preparation for motherhood classes and approximately 17 home visits from mid-pregnancy through the child's first year of life.

Program focus: The EIP focuses on improving outcomes in the following five domain areas: (1) maternal and infant health, (2) sexuality and family planning, (3) maternal role, (4) life skills development, and (5) social support systems. <http://homvee.acf.hhs.gov/document.aspx?sid=39&rid=1&mid=1>

<b>Core Elements</b>	<ul style="list-style-type: none"> <li>◆ Nurse case management</li> <li>◆ Prenatal group education (4 classes) led by PHNs</li> <li>◆ PHN home visits (17) – prenatal → 1 year postbirth</li> <li>◆ Protocol manual for interventions</li> <li>◆ Referrals for supplementary services, as needed</li> </ul>
<b>Unique Features</b>	<ul style="list-style-type: none"> <li>◆ Theory-based (adolescent development and Maternal Role)</li> <li>◆ 5 domains</li> <li>◆ Parenting skill development                             <ul style="list-style-type: none"> <li>✓ NCAST materials (e.g., <i>Keys to Caregiving, Parent-Child Interaction Scales</i>)</li> <li>✓ Demonstration of newborn behaviors (NBAS adapted)</li> <li>✓ Videotape instruction and feedback (NCAST-based)</li> </ul> </li> <li>◆ Decision-making/problem solving activities</li> <li>◆ Bi-directional (nurse-teen) goal setting</li> </ul>

## For more Information, please contact

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# EIP-PHN Publications

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## Original Peer-Reviewed Research Publications (by year)

- Koniak-Griffin, D., Mathenge, C., Anderson, N. L. R., & Verzemnieks, I. (1999). An early intervention program for adolescent mothers: A nursing demonstration project. *Journal of Obstetric, Gynecologic, & Neonatal Nursing*, 28 (1), 51–59.
- Koniak-Griffin, D., Anderson, N. L. R., Verzemnieks, I., & Brecht, M. L. (2000). A public health nursing early intervention program for adolescent mothers: Outcomes from pregnancy through 6 weeks postpartum. *Nursing Research*, 49 (3), 130–138.
- Koniak-Griffin, D., Anderson, N. L. R., Brecht, M. L., Verzemnieks, I., Lesser, J., & Kim, S. (2002). Public health nursing care for adolescent mothers: Impact on infant health and selected maternal outcomes at 1 year postbirth. *Journal of Adolescent Health: Official Publication of the Society for Adolescent Medicine*, 30 (1), 44–54.
- Koniak-Griffin, D., Verzemnieks, I. L., Anderson, N. L. R., Brecht, M. L., Lesser, J., Kim, S., & Turner-Pluta, C. (2003). Nurse visitation for adolescent mothers: Two-year infant health and maternal outcomes. *Nursing Research*, 52 (2), 127–136.

## Other Related Publications (by year)

- Koniak-Griffin, D., & Lesser, J. (1996). The impact of childhood maltreatment on young mothers' violent behavior toward themselves and others. *Journal of Pediatric Nursing*, 11 (5), 300-8.
- Lesser, J. (1997). *From childhood maltreatment to motherhood: An exploration of the triad of childhood abuse, depression, and maternal role attainment in adolescent mothers*. PhD Dissertation. University of California, Los Angeles.
- Lesser, J., Anderson, N. L. R., & Koniak-Griffin, D. (1998). "Sometimes you don't feel ready to be an adult or a mom": The experience of adolescent pregnancy. *Journal of Child & Adolescent Psychiatric Nursing*, 11 (1), 7-16.
- Verzemnieks, I. L. (1998). *Parenting attitudes and behaviors of adolescent mothers rearing young toddlers*. PhD Dissertation, University of California, Los Angeles.
- Lesser, J., Koniak-Griffin, D., & Anderson, N. L. R. (1999). Depressed adolescent mothers' perceptions of their own maternal role. *Issues in Mental Health Nursing*, 20 (2), 131-49.
- Lesser, J., & Koniak-Griffin, D. (2000). The impact of physical or sexual abuse on chronic depression in adolescent mothers. *Journal of Pediatric Nursing*, 15 (6), 378-87.
- Escoto-Lloyd, S. (2005). *Pregnancy intentions in Latina adolescents*. PhD Dissertation. University of California, Los Angeles.