Early Intervention Program for Adolescent Mothers (EIP-PHN)

Designated Evidence-Based Home Visiting Model
Public Health Nurses
UCLA School of Nursing - Los Angeles

Population served: The Early Intervention Program for Adolescent Mothers (EIP) targets culturally diverse pregnant young women, 14 to 19 years of age, and their infants from birth to 12 months. Young women are eligible for the EIP if they are 26 weeks gestation or less and pregnant with their first child. Expectant mothers who are chemically dependent or have serious medical or obstetric problems are ineligible. A public health nursing model of care is employed in the EIP that involves prenatal preparation for motherhood classes and approximately 17 home visits from mid-pregnancy through the child's first year of life.

Program focus: The EIP focuses on improving outcomes in the following five domain areas: (1) maternal and infant health, (2) sexuality and family planning, (3) maternal role, (4) life skills development, and (5) social support systems. 

For more Information, please contact
Deborah Koniak-Griffin, EdD, RN, FAAN - dconiak@sonnet.ucla.edu
Inese Verzemnieks, PhD, RN, PHN, CNL – iverzemn@sonnet.ucla.edu
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