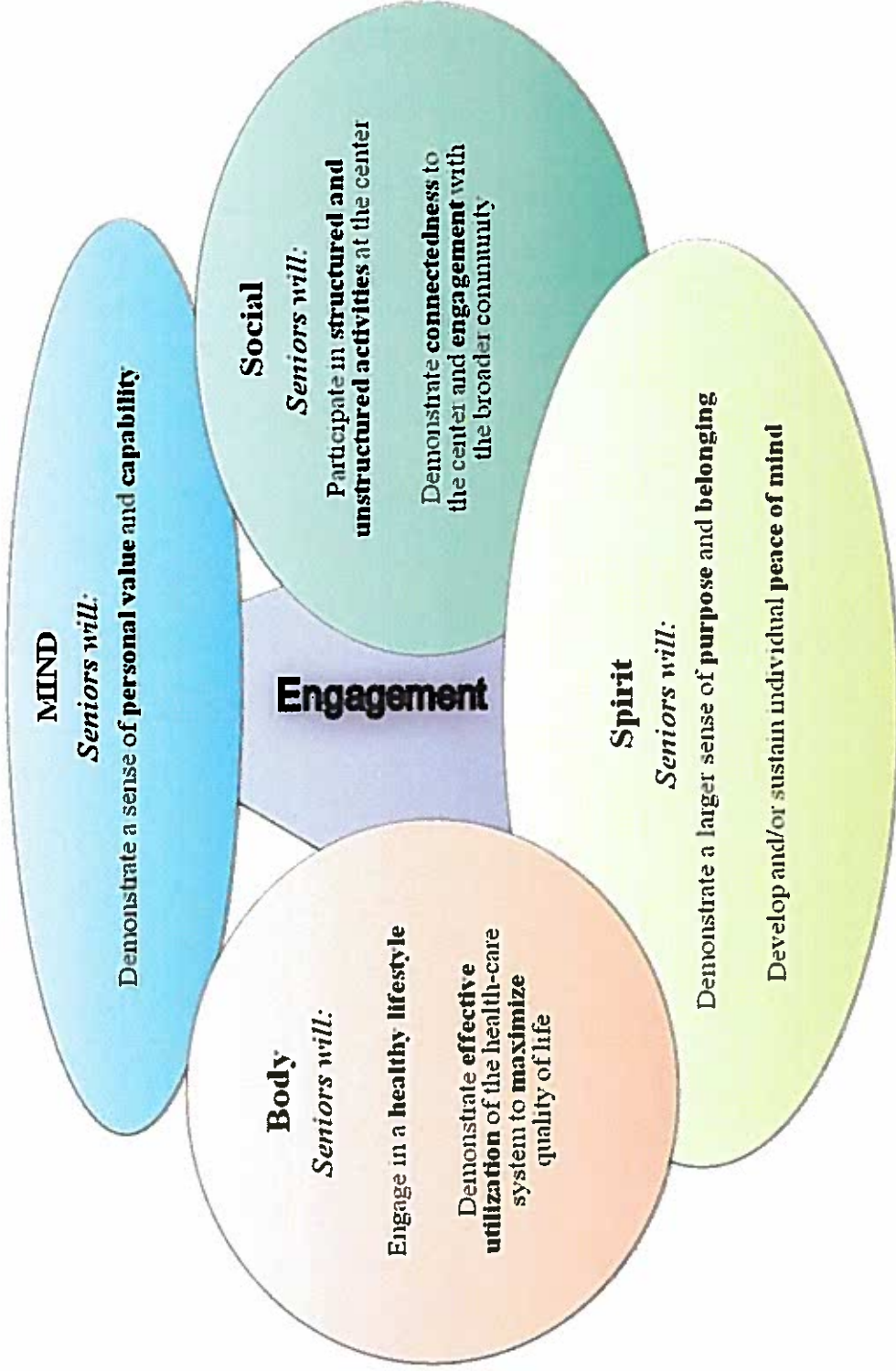




AGING AND
PUBLIC
HEALTH

142nd Annual APHA
Meeting in Chicago
November 1, 2015

HERITAGE PARK HEALTH AND WELLNESS OUTCOMES



HEALTH PROMOTION

Building Design

Cross Sector Partnership

Co-location of Services

Social Engagement

BUILDING DESIGN





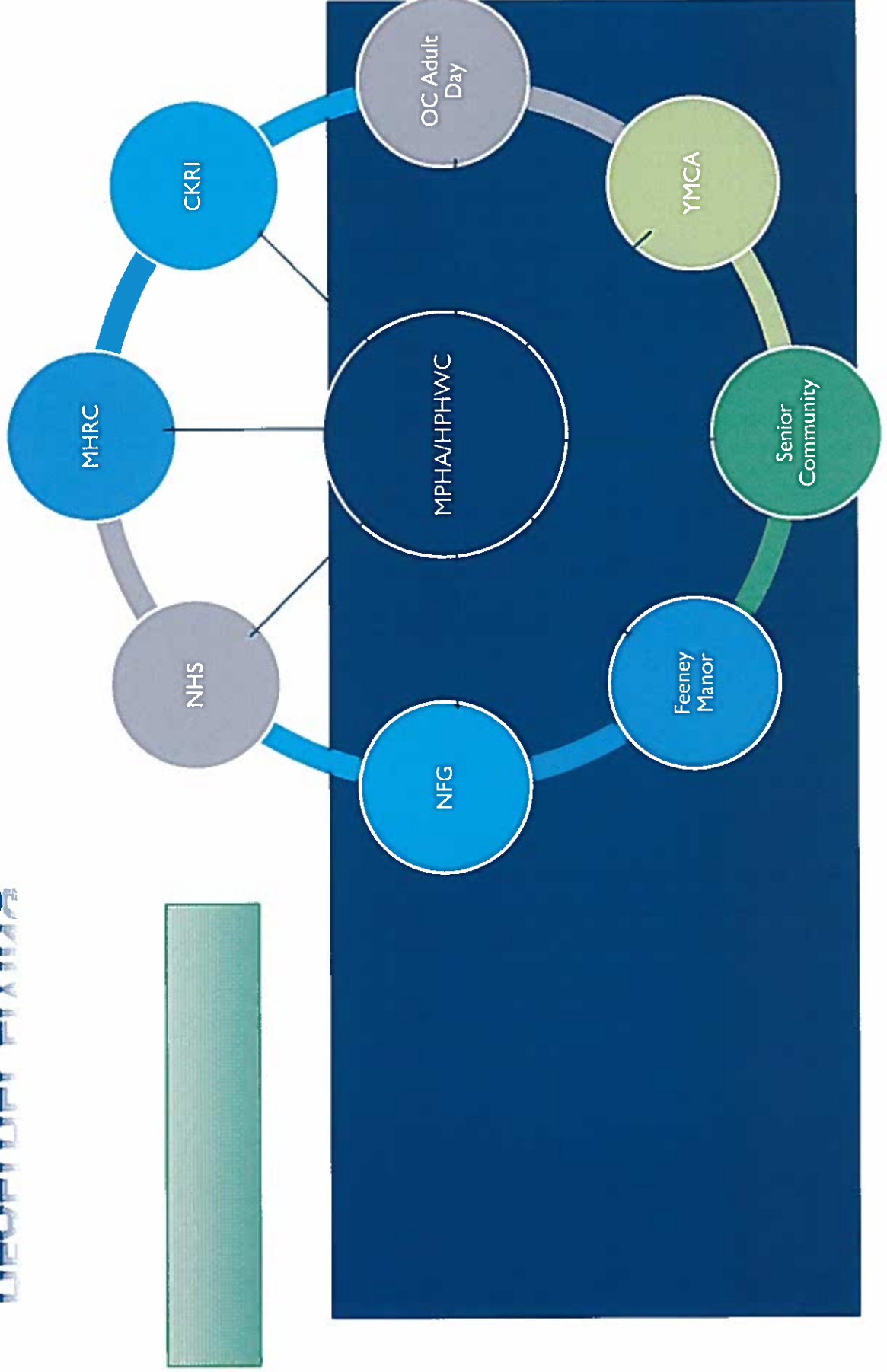
BUILDING DESIGN

- Centralized Welcome Desk
- Connection - Shared Employee Common Areas/Lunch
- Social Engagement – Fireplace, Water Feature, Porch, etc.
- Physical Engagement – Indoor/Outdoor Walking Path, etc.
- Other - Modified Staircase, Use of Colors, Natural Lighting

CROSS SECTOR PARTNERSHIPS

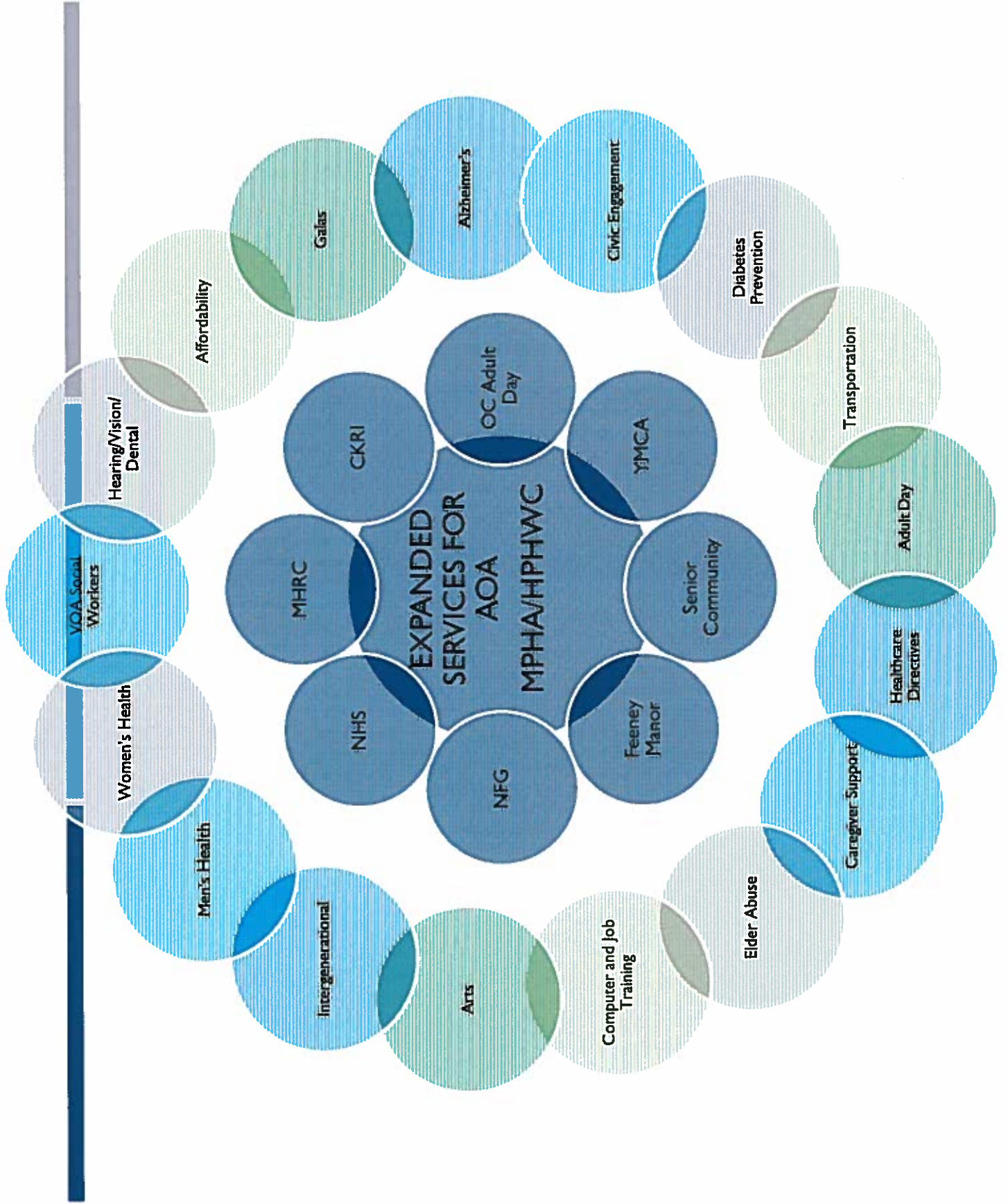
- Advocacy Agency - Minneapolis High-rise Representative Council
- Rehab - Courage Kenny Rehabilitation Institute
- Social Engagement - Augustana Open Circle Adult Day
- Physical Engagement - YMCA at Heritage Park
- Healthcare Provider - Neighborhood HealthPoint Health and Wellness Clinic
- Housing - Minneapolis Public Housing Authority
- Coordinating Team - Heritage Park Health and Wellness Center Team

HERITAGE PARK HEALTH AND WELLNESS CENTER INNOVATION AND COLLABORATION FOR HEALTHY LIVING



CO-LOCATION OF SERVICES

- Mental Health
- Health Prevention, Promotion and Education
- Social Activities
- Physical Engagement – FREE
- Safe, Affordable, Respectful Housing
- PROVIDERS WORKING TOGETHER

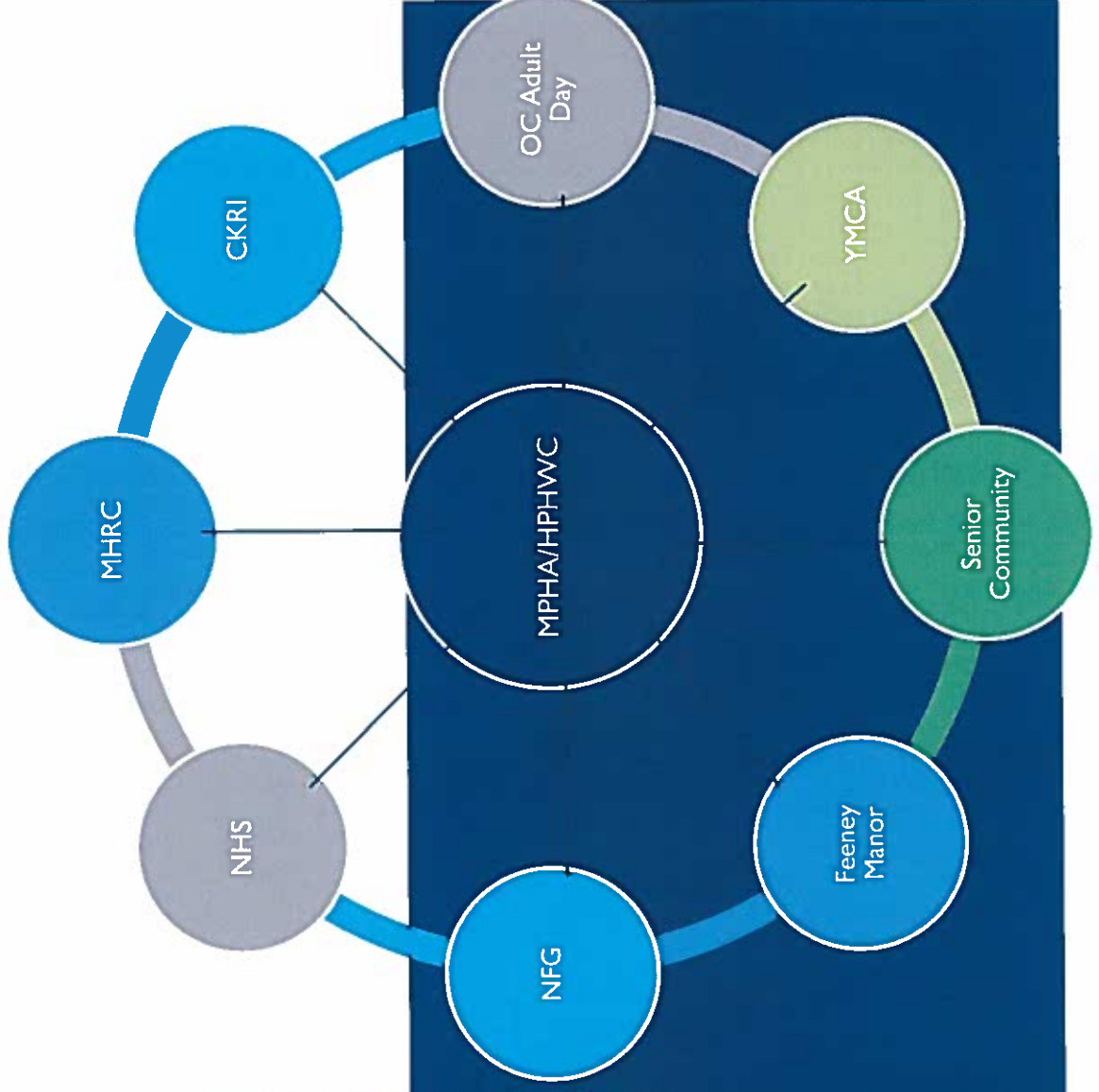


SOCIAL ENGAGEMENT

- Vehicle for providers to understand and know clients – casual
- Vehicle for clients to know and support one another
- Purpose and meaning
- Reduction of stress hormones

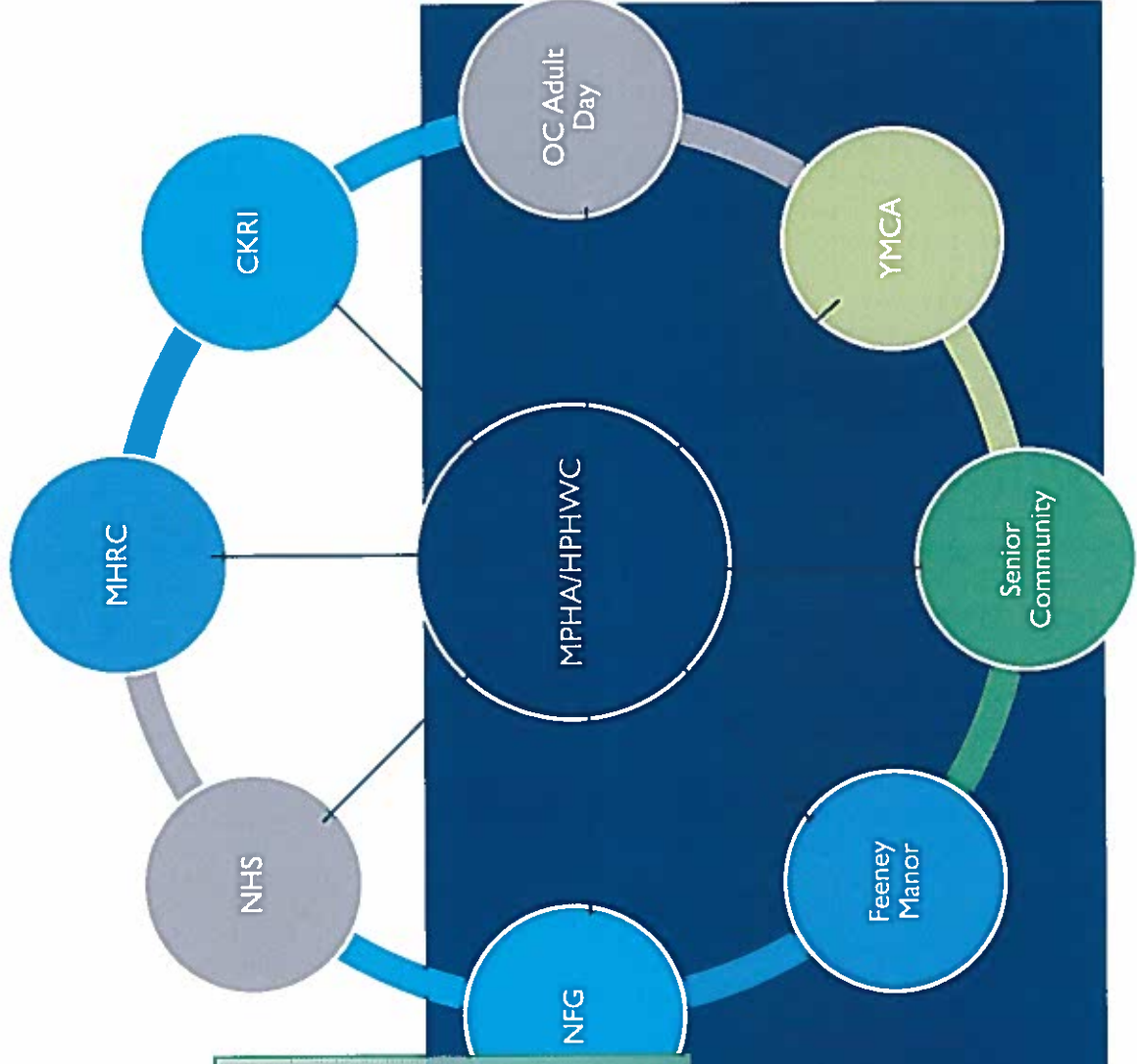
STEPS

Clarify Purpose
Identify Potential Partners
Mission and Vision
Create New Infrastructure
Define Model – Flex
Focus on Collaboration for Client



IMPACT - CLIENT

20% reduction of EMS
65% increase in diabetes management
75% weight reduction
400 YMCA Membership



IMPACT : PROVIDER

20% Increased employee retention
95% Job Satisfaction

Collectively able to provide supports,
not able to achieve in silo.

