ABOUT THE SYSTEM

iCHAMPSS was developed from theory, research, and practical experience to guide individuals through the process of adopting, implementing, and maintaining evidence-based programs (EBPs) for sexual health. This interactive decision-support system (DSS) leads users through the 7 steps of getting EBPs into their schools: Prioritize, Assess, Select, Approve, Prepare, Implement, and Maintain. The Support “step” is utilized throughout each of the other 7 steps. iCHAMPSS is an innovative web-based DSS that can assist users in overcoming common barriers (e.g., uncertainty around policies, perceived lack of parental support, difficulty navigating the process) to getting EBPs into their schools.

EVALUATION

We conducted a usability study among 16 stakeholders across Texas school districts in the Fall of 2014. Participants tested all iCHAMPSS features over a 3-week period. Pre- and post-test surveys were administered online.

Acceptability: 93.75% liked iCHAMPSS a lot.
Ease of Use: 43.75% felt iCHAMPSS was very easy to use and 56.25% felt it was kind of easy to use.
Helpfulness: 81.25% felt iCHAMPSS was more helpful than their district’s current resources for adopting, implementing, and maintaining EBPs.
Perceived Impact: The following variables increased: Knowledge of EBPs (56.25%); Confidence to adopt an EBP in their district (68.75%); Confidence to implement an EBP in their district (75.00%); Confidence to maintain an EBP in their district (68.75%).
Credibility: 100% felt the information presented was trustworthy and accurate.
Motivational Appeal: 100% would recommend iCHAMPSS to others and would use it again.

Figure 1 below details usability ratings for specific DSS components.

For more information about iCHAMPSS, please contact:
Dr. Melissa Peskin: 713-500-9759 or Melissa.F.Peskin@uth.tmc.edu
Figure 2. iCHAMPSS Tools Library

CHAMPSS: CHOosing And MAIntaining Effective Programs for Sex Education in Schools

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Helpful Links

- SHAC Resources
- Sexual Behavior Survey
- Data Sources
- National Lists of EBPs
- Writing SMART Goals
- Adaptation Kits & Resources
- Process Data Tutorials
- Advocacy Resources

Templates

- SHAC Resolution Statement
- Interview Guides
- Parent Poll
- Needs Assessments
- SHAC Recommendation Letter
- Notification Letter to Principals
- Opt-In & Opt-Out Forms
- Implementation Plan
- Pre & Post-Test
- Curriculum Fidelity Logs
- Attendance Logs
- Classroom Observation Forms
- Teacher Satisfaction Questionnaire
- Process Evaluation Report
- Outcome Evaluation Report (optional)

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