How Much Do You Know About Ticks?

First Some Background Information - Place an ‘X’ or write on the lines that apply to you

1. Are you a     ___ MALE    or   ___ FEMALE

2. How old are you? _____ years

3. What outdoor activities do you participate in?
   ___ Hiking    ___ Picnicking    ___ Fishing    ___ Camping
   ___ Frisbee    ___ Golf    ___ Soccer    ___ Baseball    ___ Swimming
   ___ Running    ___ Soccer    Other (Specify) __________________________________________

4. Do you know anyone who has gotten a disease from a tick?
   ___ YES               ____ NO               ____ I Don’t Know

5. Have you ever had a tick attach itself to you?
   ___ YES               ___ NO               ____ I Don’t Know

6. What have you used to prevent tick bites?
   ___ Tick repellent    ___ Wearing light colored clothes outside
   ___ Avoiding places where there are ticks    ___ Natural oils    ___ NONE
   ___ Tick checks    ___ Permethrin (Clothing pre-treatment)

OTHER______________________________________________________________________________

7. Which of pets do you have?
   ___ Cat       ___ Dog       ___ Both       ___ Neither

Other _______________________________
8. I have learned about ticks before in school or somewhere else.

___ YES    _____ NO     ____ I Don’t Know

**What Do You Know?**

Directions: Circle or write in your answer

9. Besides avoiding areas where ticks are, the most effective method for preventing tick bites is:
   (A) Use a repellent
   (B) Wear light colored clothing
   (C) Use a repellent with natural oil
   (D) Permethrin treated clothing
   (E) A and D
   (F) B and C

10. Lyme disease is:
    (A) A disease spread by ticks
    (B) A disease spread by mosquitoes
    (C) A disease spread by spiders
    (D) A disease like cancer or diabetes

11. Tweezers should be used for properly removing ticks.
    (A) True
    (B) False

12. Ticks most commonly attach where?
    (A) Head and in between your legs
    (B) Head and back
    (C) Legs and in between your legs
    (D) Legs and ankles

13. Ticks most active between:
    (A) April - September
    (B) May - July
    (C) May - August
    (D) April – July
    (E) Do not know
14. Where are ticks most often found?
(A) Open environments (grass, trees, and shrubs)
(B) On animals
(C) Do not know

What Do You Think?

Directions: Place an ‘X’ in the box which shows how much you agree with the statement

<table>
<thead>
<tr>
<th>Question</th>
<th>Strongly disagree</th>
<th>Disagree</th>
<th>Neutral</th>
<th>Agree</th>
<th>Strongly Agree</th>
</tr>
</thead>
<tbody>
<tr>
<td>I believe tick repellents work.</td>
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<tr>
<td>I cannot avoid catching a disease from a tick.</td>
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<td>There are no ticks with diseases in my area.</td>
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<td>Tick repellents can make me sick.</td>
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<tr>
<td>If I wear light colored clothing, check for ticks, and wear repellent I can protect myself.</td>
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<tr>
<td>I believe it is safe to use my fingers to remove a tick.</td>
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</tbody>
</table>
Directions: Place an ‘X’ in the box which shows how much do the action described.

<table>
<thead>
<tr>
<th>Action</th>
<th>Almost Never</th>
<th>Sometimes</th>
<th>Almost Always</th>
</tr>
</thead>
<tbody>
<tr>
<td>In areas where there might be ticks I wear tick repellent.</td>
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<tr>
<td>I play or participate in outdoor activities where there might be ticks.</td>
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<tr>
<td>I wear light colored clothes, long sleeves and pants when I know there might be ticks.</td>
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<td>After being in an area where there might be ticks I wash my clothes.</td>
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<tr>
<td>I check myself for ticks.</td>
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<td>I avoid places where there might be ticks.</td>
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<tr>
<td>I remove ticks with a tweezer and clean the area with disinfectant.</td>
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Thanks for answering some questions!