

# Missouri ZIP Code Health Rankings

Deriving Sub-County Level Population Health Indices with Hospital Discharge Data Using the County Health Rankings Framework

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# Presenter Disclosures

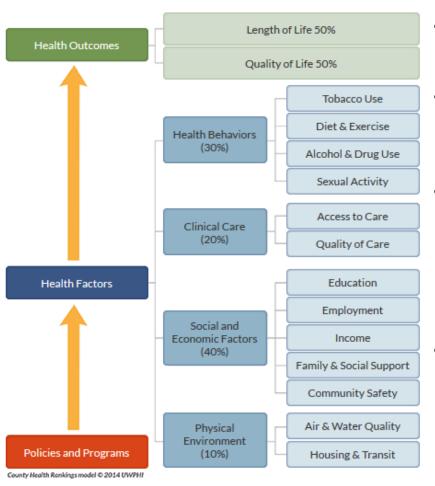
### Brian Waterman

- The following personal financial relationships with commercial interests relevant to this presentation existed during the past 12 months:
  - No relationships to disclose

# Project Background

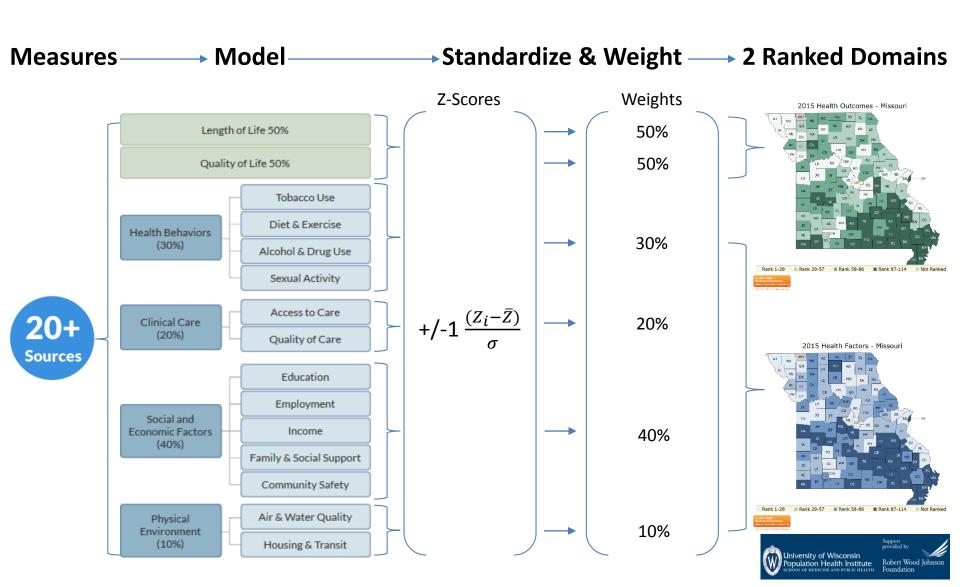
- County Health Rankings & Roadmaps 2015
   Research Grant
  - Washington University School of Medicine and Missouri Hospital Association
  - Advisory committee: academic/health disparities, community benefit, health foundation, local public health
- Project Aim:
  - Extend CHR&R conceptual model to the ZIP-level using widely-available data
    - Inform Community Health Needs Assessments
    - Target scarce community intervention resources

# CHR&R Model

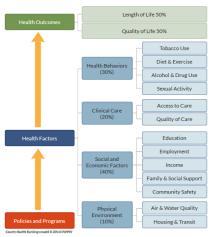


- County-level health ranking system for 50 states and DC
- Population health model:
  - Health policies and programs influence health factors that result in health outcomes
- Measures compiled from 20+ sources into health factors and health outcomes domains
  - CDC, Census, BLS, USDA, FBI, HRSA,
     Dartmouth, etc.
- Overarching Goal: Promote action by raising awareness of multiple factors influencing health differently across counties
  - Prioritize → Intervene → Evaluate → Repeat

# **CHR&R Measurement**



# Our Approach



- Based on underlying CHR&R population health model
- Uses data available at ZIP-level
  - 3yrs hospital IP/OP/ED discharges (health factors)
  - Nielsen-Claritas (socioeconomic/demographic/ environmental factors)
- ZIP-level indices fit to CHR&R domains
- Weighted aggregation at county-level for comparison to CHR&R results
- Scalable to other states

# Data & Methods

### Data

- HIDI FY 2012-2014 Inpatient, Outpatient & ED Discharges for Missouri Residents
  - 36,176,000 Records
  - Health Factors & Outcomes Identified with diagnosis, CCS, MDC, Disposition & Expected Payer Codes
  - Aggregated at County & ZIP Levels
- Nielsen-Claritas 2015 PopFacts Premier for Missouri Counties and ZIP Codes
  - Health Factors—Socioeconomic, Clinical Access & Environmental Factors

### Methods

- Candidate variables screened evaluated at county-level with pairwise correlations and stepwise regression
- Model refined using principle components analysis & multilevel modeling
  - Standardized ZIP data → principal components → multilevel regression \* ZIP to county weighting file
- Derived county-level results compared with 2015 CHR&R Ranks with using pairwise correlation and weighted kappa methods
- Proportion of variation at sub-county level assessed with model-based intra-class correlations and visually depicted using mapping methods

## Comparative Results: County to County

2015 CHR&R Health Factors Rankings

Aggregated ZIP-Derived Health Factors Rankings

### **Health Factors:**

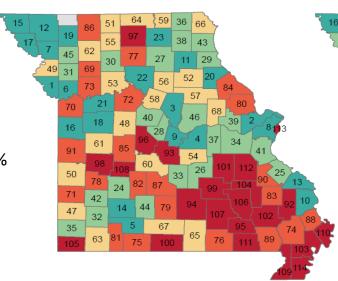
Weighted Kappa = 0.66

Correlation = 0.87

Percent of Counties in:

Same Quintile = 48%

Within One Quintile = 93%



2015 CHR&R Health Outcomes Rankings

Aggregated ZIP-Derived Health Outcomes Rankings: CHR&R Augmented Model Option

### **Health Outcomes:**

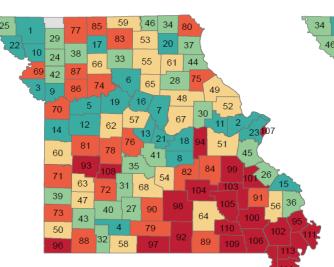
Weighted Kappa = 0.54

Correlation = 0.83

Percent of Counties in:

Same Quintile = 49%

Within One Quintile = 83%



## Comparative Results: County to ZIP Code

2015 CHR&R Health Factors Rankings

ZIP-Level Health Factors Rankings

Quintile 3 Quintile 4

Quintile 5

Data Unavailable

### **Sub-County Variation:**

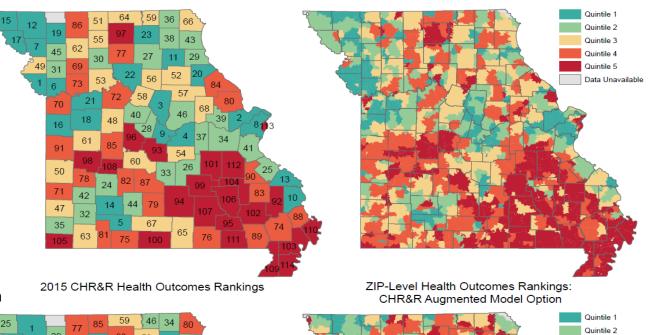
 Approximately half of the variation in derived health factors and outcomes scores observed at the ZIP code level

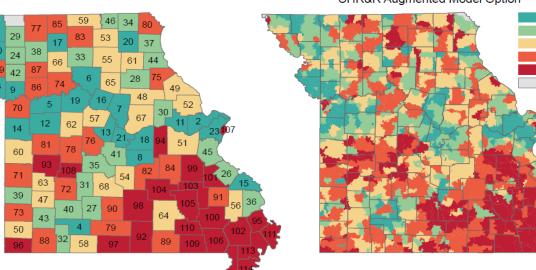
### **Health Factors:**

- 38.9% of ZIP codes in same quintile as parent county.
- 15.9% of ZIP codes in top two CHR&R county quintiles in bottom two ZIP quintiles.
- 18.2% of ZIP codes in bottom two CHR&R county quintiles in top two ZIP quintiles.

### **Health Outcomes:**

- 36.4% of ZIP codes in same quintile as parent county.
- 20.5% of ZIP codes in top two CHR&R county quintiles in bottom two ZIP quintiles.
- 22% of ZIP codes in bottom two CHR&R county quintiles in top two ZIP quintiles.





## Comparative Results: County to ZIP Code

### **Sub-County Variation:**

Approximately half of the variation in derived health factors and outcomes scores observed at the ZIP code level

### **Health Factors:**

- 38.9% of ZIP codes in same quintile as parent county.
- 15.9% of ZIP codes in top-two CHR&R county quintiles in bottom-two ZIP quintiles.
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### **Health Outcomes:**

- 36.4% of ZIP codes in same quintile as parent county.
- **20.5%** of ZIP codes in top-two CHR&R county quintiles in bottom-two ZIP quintiles.
- 22% of ZIP codes in bottomtwo CHR&R county quintiles in top-two ZIP quintiles.

		ZI	P Com	bined (	ZIP Health Ranking vs. 2015 CHR				
		1	2	3	4	5	Total	Combined Agreement	#
	1	123	68	28	14	13	246	4-5Q ZIPs in 1-2Q County	74
CHR	2	24	46	55	40	7	172	4-5Q ZIPs in Top Q County	27
Combined	3	17	41	51	53	18	180	1-2Q ZIPS in 4-5Q County	64
Quintile	4	23	29	43	42	59	196	1-2Q ZIPs in Bottom Q County	12
	5	4	8	<b>1</b> 5	44	97	168	ZIPs in same Q as Parent County	359
	Total	191	192	192	193	194	962		

			ZIP H	O Quir	ntile					
	_	1	2	3	4	5	Total	<b>Heath Outcomes Agreement</b>	#	%
	1	109	63	28	24	10	234	4-5Q ZIPs in 1-2Q County	83	20.5%
CHR HO	2	29	41	51	33	16	170	4-5Q ZIPs in Top Q County	34	14.5%
Quintile	3	20	38	57	42	23	180	1-2Q ZIPS in 4-5Q County	83	22.0%
Quintile	4	29	40	35	50	52	206	1-2Q ZIPs in Bottom Q County	14	8.1%
	5	4	10	21	44	93	172	ZIPs in same Q as Parent County	350	36.4%
	Total	191	192	192	193	194	962			

			ZIP F	IF Quir	ntile					
		1	2	3	4	5	Total	Health Factors Agreement	#	%
	1	119	71	31	12	13	246	4-5Q ZIPs in 1-2Q County	67	15.9%
CHR HF	_ 2	25	52	56	33	9	175	4-5Q ZIPs in Top Q County	25	10.2%
Quintile	3	16	32	52	49	13	162	1-2Q ZIPS in 4-5Q County	69	18.2%
Quintile	4	25	26	31	58	66	206	1-2Q ZIPs in Bottom Q County	18	10.4%
	5	6	12	21	41	93	173	ZIPs in same Q as Parent County	374	38.9%
	Total	191	193	191	193	194	962			

ZIP worse than parent county ZIP better than parent county ZIP same as parent county

%

17.7%

11.0%

17.6%

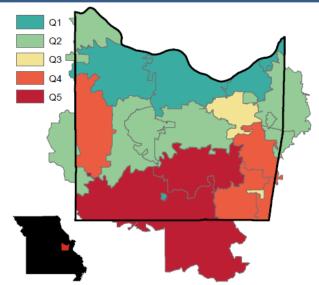
7.1%

37.3%

### Sub-County Variation: Rural and Urban Examples

### Rural Franklin County, Missouri

ZIP Ranking Range: 158 to 828 (of 976)



# Franklin County Characteristics Health Factors Rank: 38 of 115 Health Outcomes Rank: 35 of 115

2015 Population 102,426 Percent Non-White: 3.4

		Statewide
ZIP	Name	Rank of 976
63068	New Haven	158
63055	Labadie	165
63090	Washington	180

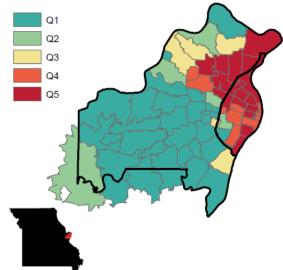
Top-Ranked ZIP Codes

#### **Bottom-Ranked ZIP Codes**

			Statewide	Top Health	Top Social	
	ZIP	Name	Rank of 976	Determinant	Determinant	
	63077	Saint Clair	828	Smoking	Unemployment	
	63080	Sullivan	810	Mental Health	ED Visits	
	63041	Grubville	753	Premature Deaths	Childhood Poverty	
	63072	Robertsville	686	Smoking	Unemployment	
	63037	Gerald	649	Kidney Disease	Preventable ED Visits	
	63060	Lonedell	645	Smoking	Unemployment	
Sources: Author's Calculations, 2016 County Health Rankings, and Roadmaps of						

Urban St. Louis
City & County,
Missouri

ZIP Ranking Range: 2 to 964 (of 976)



#### St. Louis city and County Characteristics

U.S. Census Bureau QuickFacts

Health Factors Rank: 114 & 3 of 115 Health Outcomes Rank: 111& 20 of 115 2015 Combined Population 1,319,047

Percent Non-White: 35.9

#### Top-Ranked ZIP Codes

		Statewide
ZIP	Name	Rank of 976
63005	Chesterfield	2
63038	Glencoe	4
63040	Grover	5

#### **Bottom-Ranked ZIP Codes**

		Statewide	Top Health					
ZIP	Name	Rank of 976	Determinant	<b>Top Social Determinant</b>				
63107	North City E.	964	Asthma	Unemployment				
63113	The Ville	963	Asthma	Unemployment				
63115	North City W.	962	Asthma	Unemployment				
63133	Pagedale-Wellston	942	Asthma	Single Parent Household				
63136	Jennings	929	Asthma	Single Parent Household				
63134	Berkeley	914	Asthma	Single Parent Household				
Sources: Author's Calculations, 2016 County Health Rankings, and Roadmaps and U.S.								
Census	Census Bureau QuickFacts							

# **Advisory Committee Feedback**

### **Uses for Sub-County Data:**

- Raising awareness of how needs vary within counties
- Distribute resources to where the needs are greatest
- Engage communities on health issues and factors that support healthy communities

### **Focal Audiences:**

- Local public health agencies
- Hospital community-benefit programs
- Community health improvement programs
- Policymakers and advocates

### **Keys to Usability:**

- Establish that data is trustworthy and reliable
- Develop a data delivery platform that is accessible for varied data skill sets among focal audiences
- Offer flexibility to stratify and group data in multiple ways (counties, legislative districts, defined service areas)

# The Road Ahead

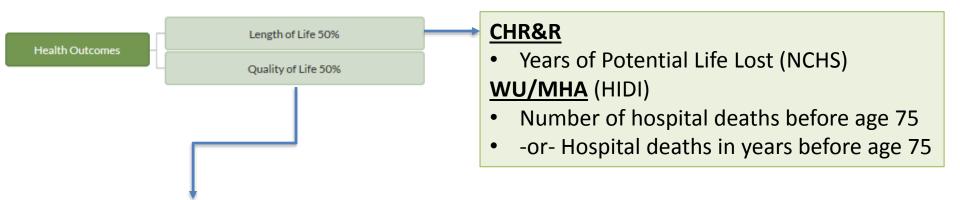
- Interactive reporting platform
- Evaluation of end-user data needs and experience
- Sustained production and delivery for Missouri
- Extension to other states
- Peer-reviewed manuscript

## **Discussion**

Contact information:

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# Data Map: Health Outcomes



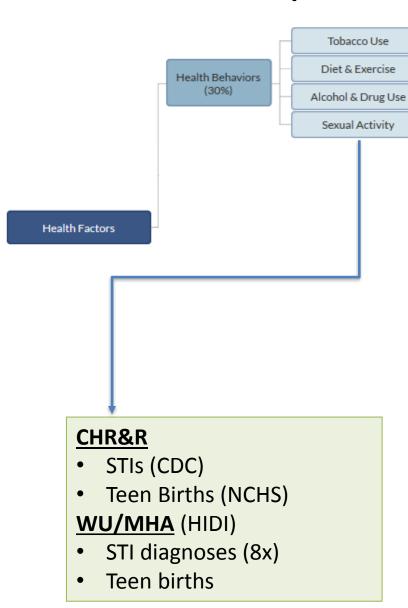
### CHR&R

- Self-Reported Health (3x CDC-BRFSS)
- Low Birthweight (NCHS)

### **WU/MHA** (HIDI)

- IP/ED/OP hospital utilization
- Infant LBW/preterm/light for date/malnutrition/ growth retardation/immaturity diagnoses
- Psychiatric/mental health related diagnoses
- Chronic condition diagnoses (11x)

# Data Map: Health Factors--Behaviors



### CHR&R

Adult Smoking (CDC-BRFSS)

### **WU/MHA** (HIDI)

Primary/secondary smoke diagnoses

### CHR&R

- Adult Obesity (CDC)
- Food Environment Index (USDA)
- Physical Inactivity (CDC)
- Access to Exercise (Census)

### WU/MHA (HIDI)

Obesity diagnoses

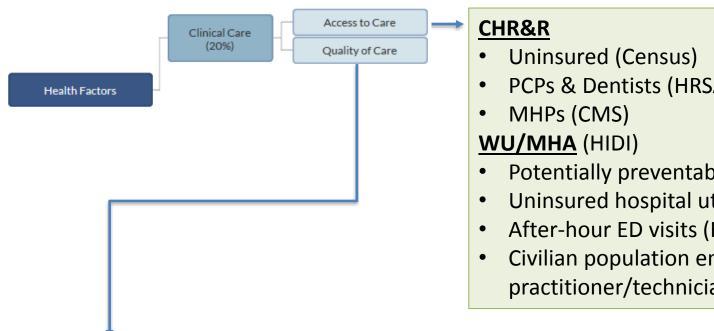
### CHR&R

- Excessive Drinking (BRFSS)
- Alcohol-Impaired Driving Deaths (FARS)

### **WU/MHA** (HIDI)

Alcohol/substance abuse diagnoses

# Data Map: Health Factors—Clinical Care



- PCPs & Dentists (HRSA)
- Potentially preventable ED visits (HIDI/NYU)
- Uninsured hospital utilization (HIDI)
- After-hour ED visits (HIDI)
- Civilian population employed in HC practitioner/technician sector (Nielsen)

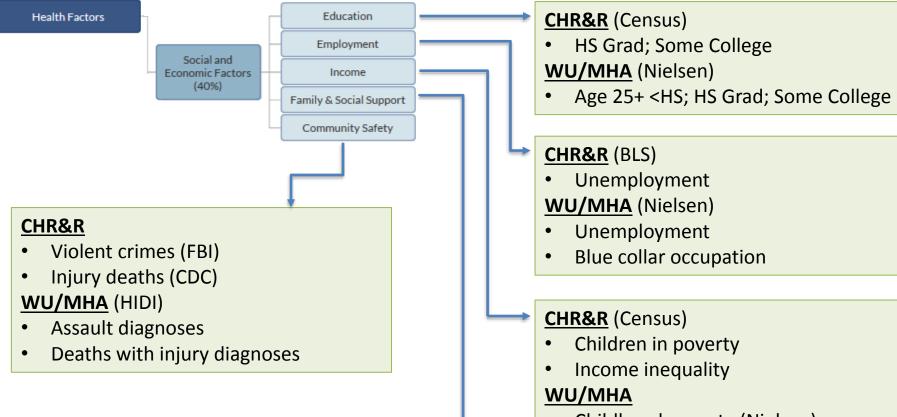
### CHR&R

- Preventable hospital stays (Dartmouth)
- Diabetic monitoring (Dartmouth)
- Mammography Screening (Dartmouth)

### WU/MHA

- Prevention Quality Indicators (PQIs x14) (HIDI/AHRQ)
- High-risk mammography diagnoses (HIDI)

# Data Map: Health Factors—SES Factors



### **CHR&R** (Census)

- Children in single-parent households
- Social associations

### **WU/MHA** (Nielsen)

- Average household size
- Female headed households

- Childhood poverty (Nielsen)
- Income inequality = white median HHY:
   black median HHY (Nielsen)
- Median household income (Nielsen)
- Median home value (Nielsen)
- Rate of Medicaid hospital utilization (HIDI)

# Data Map: Health Factors—Environmental

Health Factors Air & Water Quality Physical CHR&R Environment Air pollution-particulate matter (NCES) (10%)Housing & Transit **Drinking water violations (SDWIS)** WU/MHA (HIDI) Hospital utilization for asthma CHR&R Severe housing problems (CHAS)

- Drive alone to work (Census)
- Long commute driving alone (Census)

### **WU/MHA** (Nielsen)

- Vacant housing units
- Renter occupied housing units